



Selection Criteria

2025 Junior Pan American Games

Purpose

Weightlifting Canada Haltérophilie (“WCH”) is dedicated to developing high-performance athletes who compete at the highest levels at International Competitions, including the Junior Pan American Games. The purpose of this document is for WCH to outline and communicate the qualification process and selection procedure for determining which athletes it will nominate to represent Canada at the 2025 Junior Pan American Games (“Games”).

Performance Objectives

WCH has established these Junior Pan American Games Selection Criteria (“**Selection Criteria**”). The primary objective of the selection criteria is to select the maximum number of medal potential athletes for the Canadian Junior Pan American Games Team (“**Jr Pan Am Team**”), which includes a maximum number of qualified athletes and support staff nominated, subject to, and in accordance with the most recent publication of the Pan American Weightlifting Federation (“**PAWF**”) [Qualification System](#)

The secondary objective is to provide International competition opportunities for junior national team athletes as part of WCH’s high-performance program.

Qualification Timeline

Date	Milestone
March 10 – 16, 2025	2025 Pan American Junior Championships, Havana, Cuba
March 21, 2025	PAWF to confirm quota places that each NOC has qualified
March 28, 2025	Deadline for NOCs to confirm quota places to Panam Sports and PAWF
March 31, 2025	PAWF will reallocate unused quotas to the next NOC (based on Pan American ranking)

April 4, 2025	NOC that received reallocated quotas must confirm their participation
July 15, 2025	Deadline to submit Team nomination to COC
August 9-23, 2025	2025 Junior Pan American Games

PAWF Qualification System Summary

The following is a summary of the Jr Pan Am Games Qualification System, subject to the most recent version of the PAWF Qualification). In case of a conflict between this Selection Criteria and the PAWF Qualification System, the most recent published version of the PAWF Qualification System will prevail.

- The total quota for weightlifting will be 40 males and 40 females. The maximum number of athletes per weight category is 8.
- At maximum, one (1) athlete per NOC shall be ranked, which would be the highest-ranked athlete per NOC, in each bodyweight category to be contested at the 2025 Junior Pan American Games.

The Jr Pan Am Games will select five (5) Men’s weight categories and five (5) Women’s weight categories from the following weight categories, to be determined in April 2025 by Panam Sports:

- Men: 60Kg, 65Kg, 71Kg, 79Kg, 88Kg, 98Kg, 110Kg, and +110Kg
- Women: 48Kg, 53Kg, 58Kg, 63Kg, 69Kg, 77Kg, 86Kg, and +86kg

The maximum number of Individual Qualified athletes per NOC is three (3) men and three (3) women.

All gold medalists will obtain direct qualification for the Lima 2027 Pan American Games. The places obtained are for the athlete not the country.

All quota spots are subject to PAWF Athlete Eligibility criteria (found in the PAWF Qualification System) and the eligibility requirements specified in this Selection Criteria (please see below).

Additional PAWF Eligibility Criteria

To be eligible for endorsement by a NOC, an athlete shall:

1. Not be subject to a period of ineligibility imposed by the International Weightlifting Federation (IWF), the PAWF or the athletic national anti-doping organization/member federation;
2. Comply with all applicable rules and regulations of the IWF and the PAWF;
3. Participate in the 2025 Junior Pan American Championships (May 10-16, 2025; Cuba):
4. The Pan American Rankings will be collated from the official results only, from the aforementioned PAWF international event

Declaration of Interest by Athletes

WCH will distribute an Expression of Interest Link and QR code. The athlete must submit their Declaration of Intent to Participate via the link by 23:59:59 (Pacific time) on February 15, 2025 to be eligible to participate in the Games

To be eligible for nomination to the Jr Pan Ams Team, athletes must submit a passport-eligible photo to WCH and a copy of a valid Canadian passport which will not expire on or before February 23, 2026. Once the accreditation process has begun, athletes are strongly encouraged to avoid making changes to their passports.

To cover administration costs of WCH, the athlete must send an e-transfer (to dfriesen@cwfhc.ca) in the amount of \$100.00. Coaches are not required to pay the administration fee.

The administration fee payment must be sent along with the Declaration of Interest and is non-refundable. Without the administration fee payment, candidacy is invalid.

Decision-Making Authority

The WCH Board of Directors is responsible for developing and approving this Selection Criteria. The WCH Board of Directors is responsible for the implementation of these procedures and final selection and nomination to the Jr Pan Am Team. The WCH Board of Directors is responsible for ensuring that the process outlined in this document is properly followed and that the selection process is fair and equitable for all candidates.

On-Site Decision-Making Authority

Unless otherwise directed by the WCH Board of Directors, the Team Leader (or in the absence of the Team Leader, the Head Coach) has on-site decision-making authority at the Jr Pan Ams and during any WCH training camp prior to the start of the Jr Pan Ams. The WCH Board of Directors will determine who serves as the Head Coach if such an appointment is necessary.

Athlete Eligibility

To be eligible for selection to the Pan American Junior Team and to compete at the 2025 Junior Pan American Games, all athletes must meet and comply with the following eligibility requirements:

- Be born between 2005 - 2010
- Be a registrant in good standing of the WCH (through membership in the athlete's Provincial Sport Organization), based on the athlete's Provincial Sport Organization's membership criteria
- Hold Canadian citizenship
- Accept nomination to the team by the deadline that has been communicated by the WCH
- Sign, submit, and comply with the Canadian Olympic Committee (COC) Athlete Agreement and 2025 Junior Pan American Games Eligibility form and/or another documentation the COC requires no later than June 26, 2025. Where the athlete is under the age of 19 years, the parent or guardian must also sign these agreements.
- All athletes nominated to the Jr Pan Ams Team must possess a Canadian passport that will not expire on or before February 23, 2026.
- Agree to be subject to the Anti-Doping Rules of the IWF, the PAWF, the Canadian Anti-Doping Program ("CADP") and the Anti-Doping Rules of any other Anti-Doping Organization that has authority over them
- Must not be serving a period of ineligibility for an anti-doping rule violation at the time of nomination or for any period that would include the period of the Jr Pan Ams
- Not be subject to any suspension or disqualification imposed by the WCH, or any other authority that has jurisdiction over them
- Be in compliance with all relevant COC and Panam Sports requirements for eligibility
- Agree to participate in 2025 Junior Pan American Championships
- Sign, submit, and comply with the WCH Athlete Agreement
- Sign and submit the consent form of the Office of the Sport Integrity Commissioner
- Comply with the WCH Code of Conduct and Ethics Policy and all other applicable WCH policies.

- Where applicable, comply with the vaccination policies and vaccination requirements of the NSO, COC, IWF, the IOC and the host country of the event.

NSO SELECTION CRITERIA

Selection Process

Athletes who have earned an Individual Qualification through the Pan American Ranking (2025 Pan American Junior Championships, March 10-16, 2025) will be nominated to the 2025 Junior Pan American Games based on WCH's accreditation allocation and subject to satisfying all relevant and applicable eligibility requirements. The COC has allocated to WCH 3 accreditations for female weightlifters and 1 accreditation for male weightlifters. In the event WCH has more than 3 females in the top 8 or more than 1 male in the top 8 at the 2025 Pan American Junior Championships, the athletes with the highest ranking in their weight category will be selected for the team (regardless of markers). In case of a tie breaker (e.g., 2 athletes with 4th place), the weightlifter with the higher percentage of the marker will be selected as per the most recent iteration of WCH's team selection document, currently posted at <https://weightliftingcanada.ca/wp-content/uploads/2022/09/National-Team-Selection-V-1.2-June-2024.pdf>

The WCH Board of Directors is responsible for the final submission of Team Nomination to the COC for the 2025 Junior Pan American Games based on the application of these criteria.

Reallocation Process

If an athlete from any country withdraws from the Games, the athlete with the next highest ranking will be allocated the spot. In announcing the final Team Nomination for the Games, if a WCH athlete is called to replace a nominated athlete, that athlete will be subject to the COC Team Selection Committee approval

For an athlete to be considered as a replacement, the athlete(s) must be nominated on or before the COC Team Nomination deadline. WCH will adhere to the PAWF's policy for naming these alternates and submitting the athlete(s) as an entry to the Games. Note that the Canadian Pan American Junior Team privileges of the athlete who is being replaced will be transferred to the incoming athlete. The Alternate Athlete will be submitted for nomination to the COC and must meet all athlete eligibility requirements.

Performance Readiness

All athletes selected to the Junior Pan American Games Team must prepare in such a way as to be at peak fitness for the Games. WCH will help to provide a preparation environment to ensure peak performance for athletes but accepts that athletes are responsible for how they conduct some or all of their preparation outside the WCH program.

Injury, Illness, or Change in Training Status and Removal from Jr Pan Am Team

Athletes are required to *immediately* report any injury, illness, or change in training status that could affect their ability to compete at the Games. Failure to properly report injury or illness prior to the Games may result in the athlete being removed from the Junior Pan American Games Team. Notification must be sent immediately by the athlete or their coach to the High-Performance Manager (mread@cwfhc.ca).

Once notified of an athlete's injury, illness or change in training status that could affect their performance, WCH will work with the athlete, the athlete's coach, and available Performance and Health Services resources to ensure that a complete injury and illness assessment has occurred, and a recovery plan is in place. This

assessment will include a determination of the athlete's potential for recovery and ability to compete at their best.

However, if, following the above assessment, the athlete is deemed unfit to resume training/competition, the athlete may be declared unready for competition and the athlete may, by decision of the available Health Services personnel, be removed from the Jr Pan Am Team.

Once selected, an athlete may also be removed from the Jr Pan Am Team if:

- They are found to have committed an anti-doping rule violation and will be serving a period of ineligibility or provisional suspension during the Jr Pan Am Games; or
- They are found to have breached any of the WCH's policies or the policies of any other sport organization that has jurisdiction over them and have had a suspension imposed against them that will be served during the Jr Pan Am Games.

Amendments and Unforeseen Circumstances

Any changes to these Selection Criteria shall be communicated directly to all affected athletes as soon as reasonably possible. This clause shall not be used to justify changes after a qualification competition or criteria which formed part of this Selection Criteria unless it is related to an unforeseen circumstance. This is to allow for changes to this document that may result from changes to the PAWF Qualification System, lack of clarity around definitions or wording, or quota re-adjustment. If there are changes made to the document, WCH will inform the COC for the reasons behind the change as soon as possible.

Junior Pan American Games – Coach Selection Process

WCH selects Head Coaches and Assistant Coaches in accordance with the most recent version of the WCH Coach Selection Policy, as updated from time to time and posted to the WCH website.

The number of selected coaches will depend on the number of coaches allocated by the PAWF and accreditation available by the COC.

To be eligible for selection and nomination, the coach must:

- a. be 18 years of Age or older;
- b. be a registrant in good standing of the WCH
- c. be fully certified as either NCCP Level 2 (under the previous system) or NCCP Competition Development (current system);
- d. be recognized in good standing with the Professional Coaching Program of the Coaching Association of Canada per the COC Coach Recognition Policy;
- e. completed any safe sport requirements as communicated by WCH or the COC;
- f. sign, submit and comply with COC support staff agreement and Local Organising Committee (LOC) Eligibility form no later than June 26, 2025;
- g. have a valid passport which does not expire before February 23, 2026
- h. comply with the deadline for Coaching Association of Canada requirement, which is aligned with the COC Registration Requirement Deadline (June 26, 2025);
- i. be in compliance with all relevant COC, PAWF and Panam Sports requirements for eligibility.
- j. declare their availability and interest to serve as coach at the Games by email to the WCH High-Performance Manager (mread@cwfhc.ca) or as otherwise directed by 23:59:59 (Pacific time) on February 15, 2025;

- k. have previously worked as a coach at IWF World Junior Championships, Commonwealth Games, FISU World University Championships, IWF World Championships, Junior or Senior Pan American Championships and /or Olympic Games;
- l. sign and submit the WCH Team Support Personnel Agreement; and
- m. complete a Canadian background check in compliance with the WCH Screening Policy and any background check requirements imposed by the COC.

Before final nomination to the Jr Pan Ams team, the COC and/or WCH may require coaches to complete certain other education modules (e.g., WADA Adel courses, CCES courses) by a deadline as the COC and/or WCH may specify from time to time.

Coaches ultimately nominated by WCH to the COC (as a COC requirement) must be members in good standing with the Coaches of Canada/Entraîneurs Canada (www.coachesofcanada.com). Proof of membership with the Coaches of Canada must be sent to WCH before June 26, 2025. The Code of Ethics of Coaches Canada/Coaches of Canada will be in effect during the Jr Pan Am Games Qualification period.

Appeals Process:

Appeals of athlete and coach selection and/or nomination shall be done in accordance with the WCH Appeal Policy, as amended from time to time. (<https://weightliftingcanada.ca/wp-content/uploads/2023/03/WCH-Safe-Policy-Suite-Final-With-Appendix.pdf>)

The Sport Dispute Resolution Centre of Canada is the final arbiter of appeals under the WCH appeals process. All appeals must be completed by June 11, 2025, at 5pm EST.

Funding

While WCH aims to ensure that that all athletes, coaches and team members are fully funded for the Junior Pan American Games and any related training camps, the organization cannot guarantee the level of funding available. As such, all athletes, coaches and team members should be prepared to self-fund for the event if necessary. The level of funding and support will be decided in accordance with the WCH Team Selection Document, as updated from time to time.

INP Publication

The INP will be distributed by email before February 9, 2025, upon approval of the COC to necessary parties. Once the translated version is completed, it will be published on the website: <https://weightliftingcanada.ca>

Contact

For clarifications or questions on the contents of the INP, please contact WCH High-Performance Manager, Mac Read (mread@cwfhc.ca)