

Date	Competition	2025 Pan Am JR Cuba March 9-16, 2025	2025 IWF World Youth Peru April 23-30, 2025	2025 IWF World Junior Uzbekistan June 1-7, 2025	2025 Commonwealth Champs India TBD - June	2025 Pan Am Champs Colombia July 20-26, 2025	2025 Pan Am JR Games (tbd) Asuncion, Paraguay August 17-23, 2025	2025 IWF World Champs Norway October 1-10, 2025	2025 Pan Am Youth Mexico November 10-15, 2025
September 17-21, 2024	Commonwealth Champs, Fiji	X	X						
September 19-27, 2024	2024 World JR, Spain	X	X						
November 9, 2024	Ontario Provincials	X	X	X	X				
November 16-17, 2024	Westerns	X	X	X	X				
November 30, 2024	Nova Scotia Provincials	X	X	X	X				
November 30, 2024	Quebec Provincials	X	X	X	X				
December 4 -14, 2024	2024 World Champs, Bahrain	X	X	X	X				
December 7, 2024	Ontario JR/Youth Provincials	X	X	X	X				
December	Youth Nationals	X	X	X	X				
Jan-March	2025 Provincials			X	X	X		X	
January 18, 2025	Variety Village Open			X	X	X		X	
March	Quebec Classic			X	X	X		X	
March	Atlantic Cup			X	X	X		X	
March 9-16, 2025	Pan Am JR, Cuba			X	X	X	X	X	X
April 23-30, 2025	World Youth, Peru					X		X	X
May, 2025	SR Nationals					X		X	X
June, 2025	JR Nationals					X		X	X
June 1-7, 2025	World JR					X		X	X
June, 2025	Commonwealth Champs, India							X	X
July 20-26, 2025	Pan Am Champs, Colombia							X	X
August, 2025	Ogopogo								X
August, 2025	Summerfest								X
August, 2025	Quebec Open								X
August 17-23, 2025	Pan Am JR Games, Asuncion								X
TBD	Commonwealth								X
Approved 10 27 2024 - V2							Pending COC	*Next Gen standard for athletes born in 2002 or later	