

To:	WCH Board of Directors and Members
Re:	Annual General Meeting
Virtual	Join Virtually:
Meeting	Join the meeting now
Details:	Meeting ID: 216 970 962 324
	Passcode: ZYfn79
	Dial in by phone +1 587-743-0358,.857141238# Canada, High Level Find a local number Phone conference ID: 857 141 238# Room: N/A

AGENDA - Content and order presented may change.

Date: September 15, 2024

Times: All times are subject to change

6:00pm Sign in to Teams

(Eastern Time)

6:05pm Opening remarks / Craig Walker

Establishment of Quorum

6:10-7:30 Agenda

7:30 Adjournment

WCH ANNUAL GENERAL MEETING

Confirmation of attendance and quorum established

Approval of 2023 AGM Minutes (Attached)
 Approval of Agenda for 2024 AGM Meeting
 Presentation of Strategic Plan 2024-2028
 C. Walker
 C. Walker

4. Annual Reports of Board

A. President Report (to be distributed before meeting) C. Walker

В.	Secretary - Treasurer	D. Friesen
	 Secretary/ Treasurer Report (to be distributed before meeting) 	
	• Review of Audited Financial Statements for Year Ended March 31, 2024 – Auditor Report	
	 Appointment of Auditors for Year Ended March 31, 2025 	
C.	Anti Doping	T. T J 211 -
	 Anti-Doping Report (to be distributed before meeting) 	J. Landreville
D.	Technical Officials	
	• Technical Official Report (to be distributed before meeting)	R. Mason
	High Performance	M. Read
E.	 High Performance Committee Report (to be distributed before meeting) 	
F.	Coaching	T. Cottrell
	 Coaches Committee Report (to be distributed before meeting) 	
G.	Athletes' Representative/Council	Q. Everett
Н.	Safe Sport	
	• Safe Sport Report (to be distributed before meeting)	G. Auclair
I.	Athlete Development (to be distributed before	R. Korkowski
J.	meeting) Fundraising	
ย.	• Report of Activities (to be distributed before	K. Johnston
	meeting) APPROVAL OF ANNUAL REPORTS	C. Walker
Mee	eting Adjournment	



2024 Annual General Meeting

Report of the President

The 2023/24 season proved to be a formative year as our sport enjoyed its first stable year of international competition following the COVID-19 pandemic and as our organization prepared for new challenges in the sport governance framework in Canada.

International Competitions

Canadian athletes competed in more international competitions than ever before as our senior team athletes competed through a grueling Paris 2024 qualification system while our participation in all levels of international competition expanded. Lifters at all levels competed at the following events:

- 2023 IWF World Championships, Riyadh
- 2023 Pan American Games, Santiago
- 2023 IWF World Junior Championships, Guadalajara
- 2023 IWF Grand Prix II, Doha
- 2024 Pan American Junior Championships, Lima
- 2024 Pan American Championships, Caracas
- 2024 IWF World Cup, Phuket
- 2024 IWF World Youth Championships, Lima
- 2024 Pan American Junior Championships, Palmira
- 2024 Paris Olympic Games
- 2024 Pan American Youth Championships, Guayaquil

Team Canada continues to impress on the international stage. Our women's team continues to be ranked in the Top 10 overall in international rankings, while our men's team cracked the top 10 at the IWF World Cup against the world's leading weightlifting nations. Our youth and junior teams are small in numbers but are medalling at the Pan American and IWF level, leaving us with higher medal counts than at any time in the organization's history.

Table 1: Medal distribution by age category

Team Canada Last 10 International Competitions			
Competitions w/ Medals	Total	Snatch	C&J
9	22	26	21
Gold	6	9	8
Silver	8	6	5
Bronze	8	11	8
SR Women	7	7	6
SR Men	3	5	3
JR Women	6	8	6
JR Men	0	0	0
Youth Women	6	6	6
Youth Men	0	0	0
19 different athletes medaled			

Table 2: Medal Distribution by Weight Category

Team Canada Last 10 International Competitions			
Medal Distribution	Gold	Silver	Bronze
w 45		1	
w 49		1	1
w 55	1		1
w 59		1	2
w 64		2	1
w 71	2		
w 81+	2	2	1
w 87+		1	
m 81			1
m 89	1		
m 96			1

This week, Canada will send our largest team ever to an international championship with 28 athletes set to compete at the Commonwealth Championships in Fiji. By incorporating this event in our national team program, we are providing a new entry point for the national team at a lower level to give athletes who may not yet be at the Pan American Championship level a chance to gain valuable international experience, whether they are senior, junior, or youth athletes. Our high level of participation in international events will continue into the new season.

National Competitions

Both the Senior and Junior National Championships were a tremendous success. We thank each of WNS and the OWA for raising the bar for future hosts of the events. In Halifax, a first-class competition venue close to hotels, restaurants and other amenities made for a location experience unequalled by any other host for this event. In Scarborough, the OWA and Variety Village hosted a national championship event for the fourth time, each time improving the venue experience and in 2024 adding new educational elements to the nationals weekend. We look forward to high levels of participation and seeing what the event hosts in Calgary and Saskatoon have in store for us in 2025.

Engagement with Pan American Weightlifting Federation (PAWF)

WCH now plays a central role within the PAWF on the Executive Committee and Technical Committee. This has positioned us to influence the governance the sport and event standards at the continental level while continuing to expand opportunities for Canadian International Technical Officials. Key achievements were instituting new rules for payment of event fees by wire transfer, mandatory organizational standards for youth, junior, and senior championships, including new nutritional standards for competition meal services. Meaningful engagement with the continental is the best way to ensure we have a voice at the table when decisions are being made. We intend to send teams to the Pan American Youth, Junior, and Senior Championships in 2025 as well as the 2025 Pan American Junior Games in Asuncion, Paraguay if the Canadian Olympic Committee includes weightlifting on Team Canada.

Engagement with the IWF

Through collaboration with other member federations and work on the IWF Governance Commission, we were able to achieve a return to the official Olympic program for 2028 in Los Angeles. The process of moving operational matters from the constitution into bylaws in underway and may be passed in December, following which the emphasis will shift to creating comprehensive policies and related governance documents. We also expect to create new weight categories to make the sport more attractive to the IOC and LA 2028 organizers and to secure more weight categories and athlete opportunities at the Olympics. At time of writing, we do not know what the proposed weight categories will be, though we expect them to be in the upper third of categories for both men and women. WCH will share that information once it becomes available.

As with PAWF engagement, it is essential that we play an active part in IWF affairs. Our collaborations at the PAWF and IWF helped ensure that the IWF hosted a World Championship event with two platforms running simultaneously for the first time ever. This shortened the duration of the event by half, saving event hosts, athletes, coaches, and volunteers alike time and money. The model will be refined and replicated in 2025 for the benefit of all participants.

Policy Developments

<u>Safe Sport.</u> WCH's collaboration with Sport Canada and the Office of the Sport Integrity Commissioner (OSIC) have expanded and brought four provincial sport organizations into the OSIC program: BCWA; MWA; NBWA; and NLWA. As of now, and for the first time in the organization's history, every affiliated PSO has safe sport policies in place

and access to an independent third party for impartial triage of incoming complaints. Mr. Auclair's report will address this in more detail, but we applaud the efforts of members throughout our community to enhance their commitment to safe sport and ensuring that all athletes can participate in an environment that is safe and perspective. The work is far from finished. Safe sport issues remain part of the weightlifting landscape, and we must all show resolve and remain committed to enhancing the measures we have in place. As we have said before, WCH will never turn a blind eye to safe sport complaints because they are inconvenient, uncomfortable, or expensive. Protecting athletes has been and will continue to be our highest priority, and where necessary we will divert funds from other priorities to reflect that.

Governance. As we reported last year, the federal government has mandated that all NSOs that receive funding from Sport Canada will be required to implement the Canadian Sport Governance Code by April 1, 2025 (https://nso.olympic.ca/canadian-sport-governance-code/). Sport Canada assured us that the Sport Governance Code will be updated in the coming months. While we continue to wait for a long-promised and overdue update to the Code, Sport Canada has re-iterated that it expects NSOs to implement the Code as currently written by April 1, 2025. Levels of NSO compliance with the Code will impact the funding levels Sport Canada and the COC provide. Rather than measuring sports on one-time evaluation for compliance in April 2025, it will review NSO Code compliance on an ongoing basis and adjust funding as it deems appropriate. This is a welcome development and shift away from a one-size-fits all solution to systemic problems, but we maintain focus on meeting the objectives of the Code and ensuring that WCH is on solid ground for a new model of federal funding. The details of the new funding model are expected in late October 2024. To be clear, we should expect failures by the organization to strive for and reach the targets of the Sport Governance Code to impact funding.

WCH Risk Register

WCH continues to build upon its risk register to identify and prioritize how to mitigate the various risks it faces. The following is a snapshot of risks identified in the most recent review:

Core Funding Risk. The vast majority of our funding comes from Sport Canada in the form of "Reference-level funding", which targets our core mandate. The success we have had over the past two years in applying for "Non-Reference-Level funding" to address safety in sport and gender equity issues has paid dividends. However, as an organization we remain over-exposed to the risk of cuts to federal funding and cuts to COC funding programs. Our partners at the COC, Commonwealth Games Canada, and other NSOs have all identified post-COVID spending cuts as a key point of exposure. To address this, we are in the process of developing new revenue streams under the leadership of Kathy Johnston and Athletes' Representative Quinn Everett, who started working on this portfolio during his time on the Athletes' Council. Changes to the membership fee structure will also help stabilize finances and work towards the development of an operational reserve. Weightlifting's return to the 2028 Olympic Program has all but ensured that access to COC funding for special projects will continue.

Litigation Risks. Safe Sport cases continue to shine a spotlight on risks to the organization. Participation in the OSIC program significantly mitigates the costs of managing safe sport cases going forward, and we are entering a period of decreasing risk of pre-OSIC safe sport cases arising. There are no guarantees, of course, and any pre-OSIC case that comes before us will receive our full attention. Any failure to properly address complaints of this nature within our own policy framework can lead to defending those complaints in the courts, a process that is almost always more expensive than the alternative.

We would be remiss not to highlight the movement of the OSIC from the SDRCC to the Canadian Centre for Ethics in Sport in 2025, creating more independence for the agency from sport's final venue of appeal. The CCES has deep experience in running anti-doping proceedings, but its staff are not experienced in safe sport proceedings, which require a very different skill set. At time of writing, we do not know how many OSIC staff will transfer from the SDRCC to the CCES. It is reasonable for us to expect a period of disruption and

adjustment when the transition begins. We will be collaborating with our colleagues at the CCES in the coming months to discuss the potential impacts and ways to mitigate them.

Travel Risks. The nature of our sport is such that international events often take place in less developed countries where personal risks accompany political risks. Athletes are always encouraged to carry their own medical insurance when traveling abroad for competitions. In contrast to historical practice, WCH now carries sport accident and CGL coverage for the organization when we send a team across borders to compete. This covers medical risks that are generally excluded from travel insurance, such as sport-related injuries and evacuation costs. Our participation in the Pan American Youth Championships in 2023 was denied when our then-underwriter – Game Day – refused to insure the team. In response, we worked with our brokers at Gallagher Insurance to find a new underwriter, and we now enjoy worldwide coverage for all events for the entire year for the same cumulative price as we had on the previous event-by-event coverage. We work closely with event organizers to ensure that appropriate security measures are in place and that we have a plan to deal with safety and health issues that may impact our national team. WCH policies and practices will be reviewed on an ongoing basis to ensure they adequately address any points of exposure the organization faces through its participation in the international arena.

Committees

We have been lucky to have talented individuals donate their time and expertise to serve on various committees. On behalf of WCH, I would like to thank the various members of our community who served on the following committees:

- 1. High-Performance Committee
- 2. Technical Officials' Committee
- 3. National Coaches' Committee
- 4. Anti-Doping Committee
- 5. Nominations Committee
- 6. Commercial Development Committee

The Sport Governance Code has also highlighted the importance of committees that focus on the internal operations of the organization. To that end, we have instituted the following new committees.

- 7. Gender Equity Committee
- 8. Governance Committee
- 9. Audit Committee

Each year, these committees will be reviewed and their mandates (and composition) updated to reflect the evolving needs of the organization.

I would also like to thank past Athletes' Representative Rachel Leblanc-Bazinet for her work in developing the first-ever Athletes' Council for WCH. The members of the Athletes' Council are now sitting on WCH Committees and working with the Board of Directors to help amplify the voice of athletes in the operations of WCH, and their work has had an important impact. Ms. Leblanc-Bazinet also played a foundational role in WCH's safe sport initiatives and helped pave the way for a new era in the sport, and I can state without reservation that she accomplished far more in her role than any of her predecessors. We thank her for her service.

While we bid farewell and good luck to Ms. Leblanc-Bazinet, we welcome our new Athletes' Representative, Mr. Quinn Everett. A long-time member of the National Team, Mr. Everett brings both athlete and business experience to the board that will serve our community well on multiple fronts. We look forward to working with him over the next three years.

New Initiatives

To grow the sport further in Canada we need to embrace new perspectives on the sport and create a more welcoming, inclusive community. That means turning the lens on ourselves to find areas that need improvement, and it means trying out new ideas to see if we can generate traction with a broader range of athletes. Upcoming initiatives are set out in the 2024-2028 Strategic Plan and will be subject to periodic review.

Commercial Partnerships

We have highlighted the need to develop new revenue streams and find new ways to make our national team athletes look their best. In late 2024, our long-term agreement with Virus International comes to a close and we will be entering a new national team and community outfitting agreement. An official Request for Proposal was circulated to several major suppliers, and the evaluation process will begin. All national team athletes now receive a package of national team gear, including a national team singlet, helping to create a more cohesive team identity at international competitions. We expect to receive compelling proposals in the coming weeks, at which points negotiations for a new deal will commence.

Our collaboration agreement with Eleiko International continues to serve the Canadian weightlifting community well. As we have previously described, our agreement allows WCH, PSOs, clubs, and individual athletes to buy equipment at a significant discount while a generating a modest commission for WCH. Discounts on equipment for national championship events are even bigger and allow for the purchase of legacy equipment that host PSOs can then sell to local clubs afterwards. To date, the Eleiko collaboration has generated nearly \$40,000 USD with of direct discounts to our weightlifting community through the sale of Eleiko weightlifting equipment and accessories. Our agreement with Eleiko continues through to the 2025 Junior and Senior National Championships, where they will again serve as our *exclusive* weightlifting equipment sponsor for the events.

The work in this space if far from complete. Directors Kathy Johnston and Quinn Everett are committed to finding new sponsors to better support our athletes, coaches, technical officials, and operations. Their work is in the early stages and still reaches well beyond all previous efforts by WCH in this area. I thank them for the energy and creativity they have brought to this task in recent months.

Sample List of Projects - 2023/2024

- Engagement with Sport Canada on Sport Governance Code
- o Engagement with Sport Canada on Implementation of new Sport Canada NSO Funding Model
- Sport Canada Safe Sport Funding Application
- COC Governance Enhancement Funding Application
- o COC Paris High-Performance Funding Application
- WCH Governance Committee
- National Safe Sport Policy Update
- Safe sport complaint enforcement
- Ongoing PSO collaboration on uniform safe sport policies (BCWA, MWA, NBWA, NLWA)
- o Multi-province engagement with Independent Third Party for safe sport complaints
- o COC Women in Officiating Development Project
- Coach selection policy updates
- o IWF Constitutional Reform Project
- o IWF Governance Commission
- IWF Working Group on Human Rights and Non-Discrimination drafting of IWF Human Rights Policy
- IWF Medical Sub-committee on Transgender Athletes drafting procedure document for implementation of policy
- o PAWF Constitutional Reform Project
- PAWF Commercial Development Project
- PAWF Development Funding Application

Report of the Vice President and Liaison to the Technical Officials Committee

Richard Mason

September 2024

Congratulations all on another very busy but effective year for the Canadian Weightlifting Community.

I will leave to Craig Walker and Deanne Friesen to comment directly on their responsibilities and successes, but will say as a Member of the Executive Board that the communication is excellent and frequent.

I would like to focus on the Technical Officials Committee. The year started with a push to update the Terms of Reference for the group. The previous iteration was an excellent sounding board for Technical Officials matters, the members served well. The WCH Bylaws – and by extension, the Terms of Reference, needed to be brought forward.

Terms were drafted, then tweaked to what we have today. The new Group was constituted under those Terms and it is a diverse group of individuals of varying regions, referee experience and perspectives and it is a promising collective that I expect great things from. We have already had some personnel changes (thank you Augie Westhaver and Joe Landreville for your work) and we will be approaching the WCH Board with a request in the coming weeks for replacement(s).

We have seen significant calls for advancement in our refereeing community, whether it is Provincial to National, or National to International. The TO Committee is starting to seek a solution to keep track of it all – so progress can be monitored and communication can be more direct. I believe the growth and advancement in the TO ranks can partially be attributed to the great success this Country is having in placing a variety of Technical Officials in places where they can shine domestically and beyond.

At both of our National Championships (Halifax in May and Toronto in June), the TO crews made the right calls. They were not perfect, and never will be – but as Vince Lombardi stated "perfection is not attainable but if we chase perfection we can catch excellence."

Internationally, last September. Daniel Robitaille, Moira Lassen and I served at the World Championships in Riyadh, Saudi Arabia (more on these three later).

In October, Linda Earnshaw and Gaetan Hinse performed excellently at the Pan Am Games in Santiago. I was the Speaker.

In November, François Gravelle served on the Jury at Junior Worlds in Guadalajara, MEX.

Jocelyne Moe (Referee) and Dan Robitaille (Jury President) made Canada proud in Lima at Youth Worlds. As this was the first ever World Championships contested on two platforms, I can be confident in saying I am the only Speaker in IWF History to call two platforms at once when the second Speaker had to fly home early.

And of course, the Olympics! Daniel Robitaille was Canada's chosen ITO and represented us at the Jury Table in Paris. Moira Lassen was brought on as a co-Technical Delegate and I was once again behind the mic as Speaker.

This list doesn't even touch Regional Competitions or IWF World Cups.

Canadian TOs are respected around the World and this can be attributed to the inherent desire for fairness in all Canadians and the studious examination of the rules by our ITOs and next generation ITOs alike.

I am proud of the advancement and accomplishments in Canada's TO community and look forward to what this next Quadrennial holds.

Regards,

Richard Mason

Vice President and Liaison to the Technical Officials Committee



SECRETARY-TREASURER'S REPORT FOR THE YEAR ENDED MARCH 31, 2024.

Report Dated: September 10, 2024

Projects

The following is a list of projects that I have led or participated in over the past year.

- Gender Equity Programming
 - o Female technical official training program
 - o Policy Review
 - Gender Summit Preparation
- Team Apparel and sponsorship coordination
- Sales of Apparel
- Records Management
- OSIC Agreement distribution and audits
- Annual Audit (ongoing)
- Various Grant and funding applications
- Maintained online tool for gathering expressions of interest and signatures required on specific forms:
 - Athlete Declaration for International Events
 - Coach Declaration for International Events
 - Information gathering from each athlete for specific events (flights, photos, etc.)
 - Expression of Interest for Board of Directors
 - New athlete team apparel order
 - Coach, athlete team apparel order form
 - Athlete Rep Election
 - National Team Athlete Agreement
 - National Team Support Personnel Agreement
 - o International Waiver for Coaches and Support Personnel

Membership

Not all Provinces have reported on their membership. This is a critical measure that is a requirement for us under Sport Canada. Once all province's numbers are received it will be placed in the next memo for information purposes. As noted in the PSO meeting the intent is to invoice for annual membership fees in September, so please watch for those invoices to come soon.

Funding

Funding from our key partners, COC and Sport Canada remained the same this past year and are also the same for 2024/2025. Gender equity funding has been received for our technical official program and a gender summit which is being planned for this winter.

2024/2025 budget

- Own the Podium (OTP) continues to be our largest funder. The budget remained at \$250,000 this year. Funding continues to support our ongoing contract with the High-Performance manager and fund distribution is discussed and approved by OTP throughout the year.
- Sport Canada has not increased our core funding. There are no indications that a core funding
 increase is likely, and Sport Canada is currently revamping its funding application process for the
 2025/2026 fiscal year and beyond. Consultations are currently ongoing about the launch of this
 process.
- As previously indicated, the annual fee for PSO's which is tied to their member registration is on a path of gradual increases. The fee that is being collected in September, which represents membership numbers from 2023/2024 is \$15 for each athlete, official, and coach in the PSO.
- Like last year, legal Fees consumed a large portion of our budget. As indicated last year, one single file that is ongoing that consumed more than 95% of the funds spent towards legal fees. These costs are outside of our control as they are predicated on independent appeal panels being set by independent case managers. We do ask the case managers to be mindful of our financial situation, however we are not the decision makers in these situations. Please note that independent dispute resolution is a requirement by Sport Canada to receive funding.
- With weightlifting being confirmed on the program for Los Angeles 2028, we have ensured
 ongoing eligibility for funding through our main partners as an Olympic sport. This is good news,
 and we hope to capitalize on our outstanding performances at the international level to seek
 more funding in the future.

Finance and Audit Committee of the Board of Directors

For the first time, our Board of Directors has a Finance and Audit Committee. Two independent members of the community that are Chartered Accountants sit on the committee. The primary function of this committee is to review the financials on a regular basis and ensure audit compliance through the year.

Gender Equity Committee

The Gender equity committee is working on policy review and revision to ensure alignment with the principles of equity and diversity. This work is expected to finish over the winter. A call for technical official interest in the continuation of our women in officiating initiative was made earlier this spring. There are more than 30 individuals that expressed interest, and we are currently working with USAW to be able to attend one of the North American Open competitions over the winter. Those that expressed interest will be communicated to directly in the coming weeks.

The Gender equity committee is also planning an virtual summit for early Spring. This event will be geared towards encouraging women to participate at the organizational level of our sport. We will speak about board and committee representation and will have a special speaker that will provide their perspective on the importance of representation throughout the sport. More details to come.

Social Media Presence

The current commitment to social media is as follows:

- Team Announcements
- Start Lists and lifting times
- Major Games Results
- Memo announcements

- Critical Updates where needed
- Where possible some coverage of events but largely depends on availability of our social media content creator.

A special shout out to Alina Ismaguilova for handling the content creation this past year. She has helped increase the professional appearance of our posts and we thank her for her volunteer efforts.

Communications

We attempt to make regular communication a priority, however this must be balanced with personal obligations. AS part of our strategic plan we will be setting a communications strategy for the next 4 years. This strategy will ensure clear expectations at all levels and enhancements where we can.

Summary of Time Commitment during the Fiscal Year

On average I continue to spend 15-30 hours per week on WCH activities. Where necessary that increases drastically. Emails are regularly monitored with more than 1000 emails received per month on average.

If you have any questions related to this report, please feel free to contact me at dfriesen@cwfhc.ca

Thank you, Deanne Friesen



RAPPORT DU SECRÉTAIRE-TRÉSORIER POUR L'EXERCICE SE TERMINANT LE 31 MARS 2024.

Traduit électroniquement, veuillez excuser toute erreur.

Rapport daté: 10 septembre 2024

Projets

Voici une liste des projets que j'ai dirigés ou auxquels j'ai participé au cours de la dernière année.

- Programmes d'équité entre les sexes
 - o Programme de formation technique officielle des femmes
 - Examen des politiques
 - o Préparation du Sommet sur l'égalité des sexes
- Coordination des vêtements et des commandites de l'équipe
- Ventes de vêtements
- Gestion des documents
- Distribution et vérifications de l'entente de la CVMO
- Vérification annuelle (en cours)
- Diverses demandes de subvention et de financement
- Outil en ligne maintenu pour recueillir les déclarations d'intérêt et les signatures requises sur des formulaires spécifiques :
 - Déclaration de l'athlète pour les événements internationaux
 - Déclaration de l'entraîneur pour les événements internationaux
 - Collecte d'informations auprès de chaque athlète pour des événements spécifiques (vols, photos, etc.)
 - o Déclaration d'intérêt pour le conseil d'administration
 - Nouvelle commande de vêtements pour l'équipe d'athlètes
 - o Formulaire de commande de vêtements d'entraîneur, d'équipe d'athlètes
 - Élection du représentant des athlètes
 - Entente de l'athlète de l'équipe nationale
 - o Entente sur le personnel de soutien de l'équipe nationale
 - o Dérogation internationale pour les entraîneurs et le personnel de soutien

Membres

Ce ne sont pas toutes les provinces qui ont rendu compte de leur adhésion. Il s'agit d'une mesure essentielle qui est une exigence pour nous dans le cadre de Sport Canada. Une fois que tous les numéros de la province auront été reçus, ils seront placés dans la prochaine note de service à titre d'information. Comme il a été mentionné lors de la réunion du PSO, l'intention est de facturer les frais d'adhésion annuels en septembre, alors veuillez surveiller ces factures à venir bientôt.

Financement

Le financement de nos principaux partenaires, le COC et Sport Canada, est demeuré le même au cours de la dernière année et est également le même pour 2024-2025. Des fonds pour l'équité entre les sexes ont été reçus pour notre programme technique officiel et un sommet sur l'égalité des genres qui est prévu pour cet hiver.

Budget 2024-2025

- À nous le podium (OTP) continue d'être notre plus grand bailleur de fonds. Le budget est demeuré à 250 000 \$ cette année. Le financement continue d'appuyer notre contrat en cours avec le gestionnaire de haute performance et la distribution des fonds est discutée et approuvée par le BDP tout au long de l'année.
- Sport Canada n'a pas augmenté son financement de base. Rien n'indique qu'une augmentation du financement de base soit probable, et Sport Canada remanie actuellement son processus de demande de financement pour l'exercice 2025-2026 et au-delà. Des consultations sont en cours au sujet du lancement de ce processus.
- Comme il a été mentionné précédemment, les frais annuels pour les OSC qui sont liés à l'inscription de leurs membres sont sur la voie d'une augmentation progressive. Les frais qui sont perçus en septembre, qui représentent le nombre de membres à partir de 2023-2024, sont de 15 \$ pour chaque athlète, officiel et entraîneur de l'OSF.
- Comme l'an dernier, les frais juridiques ont absorbé une grande partie de notre budget. Comme indiqué l'an dernier, un seul dossier en cours a consommé plus de 95 % des fonds dépensés pour les frais juridiques. Ces coûts sont indépendants de notre volonté, car ils sont basés sur des comités d'appel indépendants établis par des gestionnaires de cas indépendants. Nous demandons aux gestionnaires de cas d'être conscients de notre situation financière, mais nous ne sommes pas les décideurs dans ces situations. Veuillez noter que le règlement indépendant des différends est une exigence de Sport Canada pour recevoir du financement.
- Avec l'haltérophilie confirmée sur le programme pour Los Angeles 2028, nous avons assuré l'admissibilité continue au financement par l'intermédiaire de nos principaux partenaires en tant que sport olympique. C'est une bonne nouvelle, et nous espérons capitaliser sur nos performances exceptionnelles au niveau international pour rechercher plus de financement à l'avenir.

Comité des finances et de la vérification du conseil d'administration

Pour la première fois, notre conseil d'administration est composé d'un comité des finances et de la vérification. Deux membres indépendants de la communauté qui sont des comptables agréés siègent au comité. La principale fonction de ce comité est d'examiner régulièrement les états financiers et d'assurer la conformité des vérifications tout au long de l'année.

Comité sur l'équité entre les sexes

Le Comité sur l'équité entre les sexes travaille à l'examen et à la révision des politiques afin d'assurer l'harmonisation avec les principes d'équité et de diversité. Ces travaux devraient se terminer au cours de l'hiver. Un appel à l'intérêt officiel technique pour la poursuite de l'initiative des femmes dans l'arbitrage a été lancé plus tôt ce printemps. Il y a plus de 30 personnes qui ont exprimé leur intérêt, et nous travaillons actuellement avec l'USAW pour pouvoir assister à l'une des compétitions de l'Open nord-américain au cours de l'hiver. Ceux qui ont exprimé leur intérêt seront communiqués directement dans les prochaines semaines.

Le Comité sur l'équité entre les sexes prévoit également un sommet virtuel pour le début du printemps. Cet événement visera à encourager les femmes à participer au niveau organisationnel de notre sport. Nous parlerons de la représentation au sein du conseil d'administration et des comités et nous aurons un conférencier spécial qui donnera son point de vue sur l'importance de la représentation dans l'ensemble du sport. Plus de détails à venir.

Présence sur les médias sociaux

L'engagement actuel à l'égard des médias sociaux est le suivant :

- Annonces de l'équipe
- Listes de départ et temps de levage
- o Résultats des Jeux majeurs
- o Annonces de notes de service
- Mises à jour critiques si nécessaire
- O Dans la mesure du possible, une certaine couverture des événements, mais dépend en grande partie de la disponibilité de notre créateur de contenu de médias sociaux.

Un cri spécial à Alina Ismaguilova pour avoir géré la création de contenu l'année dernière. Elle a contribué à augmenter l'apparence professionnelle de nos messages et nous la remercions pour ses efforts bénévoles.

Les communications

Nous essayons de faire de la communication régulière une priorité, mais cela doit être équilibré avec des obligations personnelles. Dans le cadre de notre plan stratégique, nous établirons une stratégie de communication pour les 4 prochaines années. Cette stratégie garantira des attentes claires à tous les niveaux et des améliorations là où nous le pouvons.

Sommaire des engagements de temps au cours de l'exercice

En moyenne, je continue à passer 15-30 heures par semaine sur les activités de WCH. Si nécessaire, cela augmente considérablement. Les e-mails sont régulièrement surveillés avec plus de 1000 e-mails reçus par mois en moyenne.

Si vous avez des questions concernant ce rapport, n'hésitez pas à me contacter à dfriesen@cwfhc.ca

Merci Deanne Friesen



Rapport sur le Sport Sécuritaire 2023/2024 AGA

Le Sport Sécuritaire est essentiel pour favoriser un environnement sécurisé, respectueux et inclusif dans l'haltérophilie. Ce rapport décrit les actions entreprises cette année en matière de Sport Sécuritaire. Il introduit également un nouveau service tiers indépendant, EWC Sport Consulting, conçu pour améliorer la confidentialité et la confiance dans le processus de signalement.

1. Introduction

Le Sport Sécuritaire se concentre sur la protection des athlètes contre les abus, le harcèlement et les inconduites, assurant une expérience positive pour tous les participants. Ce rapport examine les principes fondamentaux du Sport Sécuritaire, met en lumière les défis existants et discute de l'intégration d'EWC Sport Consulting, un nouveau service confidentiel opérant indépendamment de la fédération.

2. Principes Clés du Sport Sécuritaire

2.1 Protection contre les Abus et le Harcèlement

Les politiques de Sport Sécuritaire sont conçues pour prévenir et traiter diverses formes d'abus :

- Mécanismes de plaintes: EWC Consulting offre un service indépendant et entièrement confidentiel pour signaler les préoccupations en dehors du champ d'application de l'OSIC et de l'UCCMS. Si des plaintes sont déposées auprès de l'OSIC, l'OSIC gérera alors la nature de la plainte et la compétence, et si elle n'a pas de compétence, elle la référera à notre service tiers, et vice versa.
- Adoption de la Politique : Les provinces de la Colombie-Britannique, du Manitoba, du Nouveau-Brunswick et de l'Île-du-Prince-Édouard ont adopté notre politique et procédure de signalement avec EWC Consulting sur une base de frais partagés. J'ai

- également tenu une réunion réussie avec le Manitoba pour les aider à mettre en place leur page web sur le sport sécuritaire.
- **Plaintes**: Jusqu'à présent, depuis l'introduction de notre service tiers en décembre 2023, EWC Sport Consulting a reçu 2 plaintes.
- **Future** : L'OSIC, afin que toutes les questions et problèmes éthiques soient regroupées sous la même gouvernance, sera transféré sous l'égide du CCES en 2025.

Conclusion

Cette année a marqué des progrès significatifs dans l'avancement du Sport Sécuritaire au sein de la communauté d'haltérophilie. En regardant vers l'avenir, la transition de l'OSIC sous l'égide du CCES en 2025 promet de centraliser et de rationaliser la supervision éthique, renforçant ainsi notre engagement envers le Sport Sécuritaire.

Gabriel Auclair Directeur du Sport Sécuritaire, WCH



Safe sport report 2023/2024 Annual General Meeting

Safe Sport is essential for fostering a secure, respectful, and inclusive environment in weightlifting. This report outlines what has been this year in Safe Sport. It also introduces a new independent third-party service, EWC sport consulting, designed to enhance confidentiality and trust in the reporting process.

1. Introduction

Safe Sport focuses on safeguarding athletes from abuse, harassment, and misconduct, ensuring a positive experience for all participants. This report delves into the core principles of Safe Sport, highlights existing challenges, and discusses the integration of EWC sport consulting, a new confidential service that operates independently from the federation.

2. Key Principles of Safe Sport

2.1 Protection from Abuse and Harassment

Safe Sport policies are designed to prevent and address various forms of abuse:

- Reporting Mechanisms: EWC consulting offers an independent and completely
 confidential service for reporting concerns outside of the scope of OSIC and UCCMS. If
 complaints are filed at OSIC, OSIC will then manage what the complaint is about, and
 what jurisdiction there is, if they do not have jurisdiction they will refer it to our thirdparty service, and vice versa.
- Policy adoption: The provinces of British Columbia, Manitoba, New-Brunswick and PEI
 have adopted our policy and reporting procedure with EWC consulting on a shared fee
 basis. I held a successful meeting as well with Manitoba to help setup their safe sport
 webpage.
- **Complaints:** So far, since the introduction of our third-party service in December 2023, EWC sport consulting, we have received 2 complaints.
- **Moving forward:** The OSIC, so that all ethical issues are together, will be moving under the umbrella of the CCES in 2025.

Conclusion

This year has marked significant progress in advancing Safe Sport within the weightlifting community. Looking ahead, the transition of the OSIC under the CCES umbrella in 2025 promises to centralize and streamline ethical oversight, further reinforcing our commitment to Safe Sport.

Gabriel Auclair WCH Safe Sport Director



National Coaching Advisory Committee

Statement of Activities

August 25, 2024

The National Coaching Advisory Committee is an advisory committee of Weightlifting Canada Halterophilie (WCH), reporting to the Vice President (Technical). As such, the Advisory Committee provides technical expertise and guidance to the Vice President and WCH Executive Board on the development and delivery of WCH's NCCP and other coach education, development and certification programs.

The National Coaching Advisory Committee includes the following members:

Jean-Francois Roy (Quebec) – Chair Trevor Cottrell (Ontario) – Board of Directors representative Rachel Siemens (British Columbia) Greg Chin (Ontario)

The committee Terms of Reference were established in October 2023, following which the committee was formed. The Committee has had ten meetings this fiscal year.

The mandate of the Committee in this fiscal year was to complete the following:

- 1. Revise and align the Competition Development, Competition Introduction, and Instructor Beginner curriculum.
- 2. Gain Coaching Association of Canada approval of the Competition Development course.
- 3. Develop pathways for registration and tracking of coaching credentials.
- 4. Provide Learning Facilitator and Course Evaluator retraining on the new curriculum.
- 5. Centralize portions of the Competition Development registration.

The Committee was highly effective in achieving its objectives to date. In this fiscal year the following have been completed:

- 1. The Instructor Beginner, Competition Introduction and Competition Development slide decks, resource manuals, learning facilitator guides and evaluation plans were all completed.
- 2. All course materials were translated and professionally edited.
- 3. CAC approval for the Competition Development course was completed and funding was received from the CAC.
- 4. New guidelines for the administration of coaching courses were approved and distributed.

- 5. Three CD retraining workshops were completed.
- 6. There were 66 registered for courses or evaluations.
- 7. WCG revenue generated from courses was \$3250.
- 8. A draft of the coaching course operations manual was completed.
- 9. Competition Development Evaluation registration was hosted through the WCH website.

The Committee has one more year of operation before undergoing renewal. The general objectives for the upcoming year will include the following:

- 1. Each Province will be assisted in enlarging their Coach Developer pool.
- 2. A system of tracking all coach credentials for each province will be developed at the national level.
- 3. An outline of the High Performance coach credential will be drafted.
- 4. The operations manual will be completed, translated and distributed.

I would like to thank the Committee for their commitment and effort over this past year. The workload was significant and their willingness to contribute is greatly appreciated.

Trevor Cottrell, PhD



WCH 2024 AGM - Report on Sponsorship/Fundraising

Kathy Johnston - Director

Sponsorship:

- Sample documents received from USA Fencing contact and will be tailored to WCH focus.
- List of first organizations to contact for sponsorship opportunities has been developed to streamline contact process
- Specific contact names being worked on for targeted conversations.
 Start for project October 2024

Fundraising:

- Fundraising via 50/50
 - Licencing requirements is being evaluated for each province.
 - Initial contact has been made with Rafflebox for platform as well as third party fund processing.
 - No up-front fees. Fees will be deducted from profits at the end of each raffle
 - o Website built by Rafflebox with personalized login.
 - o Can run as many per year as you like? Weekly? Monthly?
 - Distribution of 50/50 info is up to us. Social Media, posters at competitions?
 - Documents received for each Province with guidelines and requirements for lottery licence rules etc. Currently under evaluation for complexity and feasibility.

RFP for Clothing sponsorship:

• RFP for clothing sponsorship has been distributed for submission. Submissions to be evaluated in Fall of 2024 with open closure date until successful partner is found. Focus is on National Team wear as well as community wear for sale.

2024 WCH Annual General Meeting September 2024 Anti-Doping

The role of the WCH Director of Anti-Doping is to ensure, along with the CCES, that WCH remains compliant with the CADP. Additionally, my position is a support conduit for athletes and athlete support personnel who have any questions or concerns with anti-doping and its requirements.

I would like to thank the Provincial Sport Organizations (PSO's) for their ongoing support over the past year. As athletes grow and develop in weightlifting, it is important they are educated to make informed anti-doping decisions. When athletes achieve a desired threshold of performance, they are invited into the National Athlete Pool (NAP). This inclusion entails educating the athletes about anti-doping and signing an athlete agreement. The athlete must sign the contract once during the existing Canadian Anti-Doping Policy (CADP) version. The athlete also must provide their contact information in the event the Canadian Centre in Ethics in Sport (CCES) decides to test them out-of-competition. This invitation is not optional. Should athletes not accept this invitation or complete their education and contractual obligations, they should be prohibited from competition until they do comply. This will ensure all athletes are competing fairly.

Over the past year, the following activities have taken place:

- Ensured all Registered Testing Pool (RTP) athletes provided quarterly Whereabouts updates for out-of-competition testing.
- Updated and maintained the National Athlete Pool (NAP) database with respect to contact information and training requirements.
- The WCH Anti-Doping Committee worked to update the WCH's anti-doping website information. Everything athletes need to know about the Canadian Anti-Doping Policy is on the website.
- The WCH Anti-Doping Committee lost two members over the past year. We would like to acknowledge and thank Rachel Paradis and Kristel Ngarlem for their contributions to the committee.
- Ensured all 134 athletes, qualified to compete at the Canadian Championships in May 2024 in Halifax, Nova Scotia completed their True Sport training.
- Ensured all 52 athlete support personnel (i.e. coaches and/or team leaders) participating at the Canadian Championships or representing Canada at international competitions completed their True Sport training.
- Facilitated the creation of ADAMS accounts for athletes looking to compete internationally.
- I became a certified CCES Clean Sport Educator and an International Clean Sport Educator for the International Testing Agency (ITA) that oversees the International Weightlifting Federation (IWF) anti-doping program. This will assist in the creation and delivery of presentations if required.

Sep 1, 2023 – Aug 30, 2024

By the numbers:

- National Athlete Pool: 268 (+29)
- Registered Testing Pool 15 (3 retirements Tali Darsigny, Kristel Ngarlem, Gabriel Dagenais)
- Whereabouts Failures 7
- Anti-Doping Rule Violations 0
- Education
 - o True Sport Clean Certificates: 186
 - o Athlete Contracts: 33
- New ADAMS accounts for IWF competition requirements 25

Looking ahead:

Andi-Doping Committee Recruitment

The current members of the WCH Anti-Doping Committee include Chris Terner (Chair) and Walter Bailey. The Committee is now seeking interest from the provinces for members to join the committee. Please share this request with you respective PSO's and forward any names to jlandreville@cwfhc.ca.

Education

Starting in 2025, all athletes, athlete support personnel (coaches and team leaders), and technical officials will be required to complete CCES education prior to our national championships and representing Canada internationally.

We are also considering voluntary or mandatory anti-doping education online, at training camps, and/or at our national championships going forward. The presentations would be for athletes and athlete support personnel to learn more about anti-doping. As our national championships are busy events, the time constraints and scheduling will be challenging.

Respectfully submitted,

Joe Landreville WCH Director – Anti-Doping



Weightlifting Canada Haltérophilie High Performance Report: Mac Read

With the completion of the 2024 Paris Olympics, the start of the 2028 Los Angeles Olympics quadrennial has begun. Weightlifting Canada Haltérophile has had a strong finish to the 2024 quadrennial. In the last 10 International competitions, WCH has medalled in 9 of the 10 competitions, see table 1. This includes 22 medals in the total, 26 in the snatch and 21 in the clean & jerk, from 19 different athletes (10 senior, 6 junior and 6 youth). 11 different weight classes are represented in the medal distribution, as demonstrated in table 2. These medals include Maude Charron's silver medal at the 2024 Paris Olympics, Etta Love (gold) and Angel Billen (silver) medals at the 2024 IWF World Youth Championships and Charlotte Simoneau (silver) at the 2023 IWF World Junior Championships. This demonstrates the depth and quality of weightlifters in the program forecasting a strong 2028 Los Angeles Olympic quadrennial and beyond. There are 3 remaining competitions in 2024, 2024 Commonwealth Championships, 2024 IWF World Junior Championships and the 2024 IWF World Championships. Between these 3 competitions we have 47 athletes scheduled to compete, with a strong possibility of increasing our medal total.

During, the last 10 competitions, 10 different coaches have received funding from WCH. Due to the length of some of the International competitions, WCH has offered shared funding packages between coaches to ensure there will be coaching coverage for the entirety of the competition, which has been beneficial to the National team.

Since the 2028 quadrennial has begun, the high-performance committee (Mac Read, Yvan Darsigny, Guy Greavette, Jocelyn Bilodeau, Mario Vachon, Quinn Everett) is waiting for the 2028 Los Angeles Olympics qualification system from the International Weightlifting Federation to progress with recommendations for markers. The high-performance committee is recommending that the current markers remain until the qualification system has been released. The high-performance committee is working on the qualifying competitions for the 2025 competitive season. The next-gen qualifying standard of 85% for the IWF Senior World Championships, now applies to athletes born in 2002 or earlier. The 2002 birth year will remain in place throughout the entire 2028 quadrennial. Next-gen is the terminology utilized throughout the Canadian sport system to define the developmental program. Next-gen refers to the next generation of athletes that are trending towards the "next" Olympics. In the 2028 quadrennial, the next-gen athlete pool would be gearing towards the 2032 Melbourne

Olympics. This does not mean that a next-gen athlete is not eligible for the 2028 Los Angeles Olympics.

Athletes Assistance Program (AAP) Summary

In 2025, WCH will maintain its current number of 7 cards through the Athletes Assistance Program (AAP) from Sport Canada. The following summary highlights some notable changes to the 2025 Athlete Assistance Program (AAP) Eligibility Program (see link for the complete document).

- 1. Athletes will be ranked on an average of their 2 highest totals, in the same weight category (section 2 & 2.6)
- 2. Athletes will be ranked on their average total from either (a) best 2 designated international competitions, or (b) 1 designated international competition and the 2024 Canadian Senior Championships, 2 totals from the same weight category (section 2.6)
- 3. Athletes must compete in 2 designated international competitions (listed in section 2.6) and the 2024 Canadian Senior Championships.
- 4. The 2 designated international competitions can occur at any point throughout the 2024 calendar year (section 2.6)
- 5. If a designated international competition takes place within 30 days of the 2024 Canadian Senior Championships, the athlete can opt out of participating at the 2024 Canadian Senior Championships and compete at the designated international competition instead (section 2.6)
- 6. An athlete cannot opt out of a 2nd designated international competition because they attended the 2024 Canadian Senior Championships (section 2.6)
- 7. An athlete competing at the 2024 Olympic Games does not have to compete at the 2024 Canadian Senior Championships (section 2.6)
- 8. An athlete that qualifies for an SR1 card (top 8 and top ½ of weight class at the 2024 Olympic Games) and meets the minimum threshold as identified in the document, will be placed at the top of the ranking list, regardless of their placement in the overall WCH rankings (section 2.4)

https://weightliftingcanada.ca/wp-content/uploads/2020/09/2025-ATHLETE-ASSISTANCE-PROGRAM-V2-May-31-2024.pdf

If there is an issue, the 2025 Athletes Assistance Program Eligibility Criteria will prevail over the summary in this report.

Highlights of 2024

2024 Paris Olympic Games

- Maude Charron silver medal (236kg, f59)
- · Maude was also named the flag bearer for Team Canada
- Boady Santavy competed in m89kg

2024 IWF World Cup - Phuket, Thailand

- Final Olympic Qualifier
- 10 bronze medals (4 snatch, 3 clean & jerk, 3 total)
- Maude Charron bronze medal (236kg, f59)
- Samuel Guertin bronze medal (315kg, m81)
- Braydon Kennedy bronze medal (358kg, m96)

2024 Pan American Championships – Caracas, Venezuela

- Josee Gallant gold medal (98kg, f55)
- Charlotte Simoneau silver medal (212kg, f64)

2024 IWF World Youth Championships – Lima, Peru

- Etta Love gold medal (243kg, f81+kg)
- Angel Billen silver medal (215kg, f81+kg)

2024 Pan American Junior Championships – Palmira, Colombia

Charlotte Simoneau gold medal (234kg, f71)

2024 Pan American Youth Championships

- Ivy Marie Buzinhani Brustello silver medal (128kg, f45)
- Angel Billen gold medal (220kg, f81+kg)

2024 Remaining Competitions

- 2024 Commonwealth Championships Suva, Fiji; September 16 -21 (16 seniors, 6 juniors, 6 youth)
- 2024 IWF World Junior Championships Leon, Spain: September 19 -27 (6 females, 3 males)
- 2024 IWF World Championships Manama, Bahrain: December 6 15 (12 females, 5 males have expressed interest)

Table 1: Medal distribution by age category

Team Canada			
Last 10 International Competitions			
Competitions w/ Medal	Total	Snatch	C&J
9	22	26	21
Gold	6	9	8
Silver	8	6	5
Bronze	8	11	8
SR Women	7	7	6
SR Men	3	5	3
JR Women	6	8	6
JR Men	0	0	0
Youth Women	6	6	6
Youth Men	0	0	0
19 different athletes medaled			

Table 2: Medal disribution by weight category

Team Canada			
Last 10 International Competitions			
Medal Distribution	Gold	Silver	Bronze
w 45		1	
w 49		1	1
w 55	1		1
w 59		1	2
w 64		2	1
w 71	2		
w 81+	2	2	1
w 87+		1	
m 81			1
m 89	1		
m 96			1