

INTERNATIONAL TEAM QUALIFYING COMPETITIONS

Qualification for International events will be based on results from select competitions. The following table identifies the competitions that will be considered for qualification for specific events. This will be updated from time to time as new international competition dates are released.

| Qualifying Competitions | 2023 Senior Pan Am Championships (International 2) Argentina March 25 - April 2, 2023 | 2023 Junior Pan American Championships (International 2) Colombia May 10 - May 15, 2023 | IWF Grand Prix #1 (International 2) Cuba June 2-12, 2023 | Commonwealth Championships (Youth, Junior, Senior) (International 1) India July 12 - July 16 2023 | 2023 Senior World Championships (Elite) KSA September 2-17, 2023 | 2023 Pan American Games (Major Games) Chile October 20-Nov 5, 2023 | 2023 IWF Junior World Championships (Elite) Mexico Nov-23 | IWF Grand Prix #2 (International 2) Qatar December 1-17 2023 |
|---|---|---|--|---|--|--|---|--|
| 2022 Pan Am Championships | X | | | | | | | |
| Commonwealth Games | X | | | | | | | |
| 2022/2023 Provincial Champs | X | X | X | X | | | | |
| NAO Calgary | X | X | X | | | | | |
| Junior Pan Am (lima) | X | X | X | | | | | |
| 2022 Youth Pan Am (Nov) | X | X | X | | | | | |
| Westerns | X | X | X | X | | | | |
| 2022 Senior Worlds | X | | X | | | | | |
| NAO Finals (Dec 2022) | X | X | X | X | | | | |
| Mistletoe (jan 14) | X | X | X | X | | | | |
| Cold Steel (Feb 4) | X | X | X | X | | | | |
| A&R Open (Feb 4) | X | X | X | X | | | | |
| Coupe D'amitie (Jan 28) | X | X | X | X | | | | |
| Apple Valley CrossFit Invitational Qualifier | X | X | X | X | | | | |
| NAO Series 1 (March 2023) | | X | X | X | X | | | |
| Atlantic Cup (March 2023) | | X | X | X | | | X | |
| IWF Youth Worlds (March 2023) | | X | X | X | | | | |
| 2023 Senior Pan Am | | | X | X | X | X | X | X |
| 2023 Junior Pan Am (May 2023) | | | | X | X | | X | X |
| 2023 Senior Nats | | | | | X | X | X | X |
| 2023 Junior Nats | | | | | | | X | X |
| Grand Prix #1 | | | | | X | X | X | X |
| Commonwealth Champs | | | | | | X | X | X |
| 2023 Senior Worlds | | | | | | | | X |
| 2023 Youth Pan Am Champs | | | | | | | X | |
| Ogo Pogo (August 2023) | | | | | | | X | |
| Ontario Summer Fest (Tentative - Summer 2023) | | | | | | | X | |