Including CGF specified events from 01 January 2021 to 28 February 2022

WOMEN: 49KG CATEGOR	Y					INTERNATIONAL WEIGHTLIFTING FEDERATION	
	Year				Clean &		Date
	Born	CGA	Bodyweight	Snatch	Jerk	Total	Achieved Event
Saikhom Mirabi Chanu	1994	IND	48.85	87	115	202	24/07/2021 Tokyo Olympic Games
Stella Peter Kingsley ©	2002	NGR	48.30	72	96	168	8/12/2021 2021 Commonwealth Championships
Lou Dika Toua	1984	PNG	48.95	72	95	167	24/07/2021 Tokyo Olympic Games
Marie Hanitra Roilya Ranaivosoa	1990	MRI	48.95	73	91	164	24/07/2021 Tokyo Olympic Games
Hannah Kaminski	1994	CAN	48.70	73	90	163	26/02/2022 2022 Pan American Qualifying
Noorin Gulam	1995	ENG	48.60	68	88	156	29/01/2022 2022 British Championships
Hannah Powell	1992	WAL	48.15	67	84	151	26/06/2021 2021 British Championships
Srimali Samarakoon D. M.	1999	SRI	48.35	65	86	151	25/02/2022 2022 Asian Qualifying
Lisa Tobias	1980	SCO	48.89	61	81	142	26/06/2021 2021 British Championships
Winnifred Ntumi	2002	GHA	48.00	59	76	135	8/12/2021 2021 Commonwealth Championships
Ying Ying Chan	1995	SGP	48.40	58	74	132	25/02/2022 2022 Asian Qualifying
Marja Akter Ekra	2003	BAN	48.92	57	74	131	27/02/2022 2022 Online Qualifier
Janet Atieno Oduor	1993	KEN	46.00	45	58	103	8/12/2021 2021 Commonwealth Championships
Narul Syuhaidah Ahman	1996	BRU	48.70	45	55	100	27/02/2022 2022 Online Qualifier

IWF

NOTE: © = Winner of 2021 Commonwealth Championship

Please note that the IWF Commonwealth Ranking List can not be considered as final until all the relevant Anti-Doping Result Management processes are concluded.

NOTE: Listing herein of athlete(s) in multiple weight categories removed as instructed by CGF.

Including CGF specified events from 01 January 2021 to 28 February 2022



NOTE: © = Winner of 2021 Commonwealth Championship WOMEN: 55KG CATEGORY

	Year				Clean &		Date	
	Born	CGA	Bodyweight	Snatch	Jerk	Total	Achieved	Event
Adijat Adenike Olarinoye ©	1999	NGR	54.20	90	113	203	9/12/2021	2021 Commonwealth Championships
Sorokhaibam Bindyarani Devi	1999	IND	54.60	84	114	198	9/12/2021	2021 Commonwealth Championships
Fraer Morrow	1998	ENG	54.50	86	109	195	26/06/2021	2021 British Championships
Catrin Jones	1999	WAL	54.87	83	105	188	26/06/2021	2021 British Championships
Jenly Tegu Wini	1983	SOL	54.92	82	104	186	27/02/2022	2022 Online Qualifier
Rachel Leblanc-Bazinet	1988	CAN	54.90	82	99	181	26/07/2021	Tokyo Olympic Games
Jessica Sewastenko	1994	AUS	54.70	77	90	167	25/02/2022	2022 Asian Qualifying
Jodey Hughes	1983	SCO	54.74	70	96	166	29/01/2022	2022 British Championships
Elly Cascandra Englebert	2000	MAS	53.75	75	90	165	25/02/2022	2022 Asian Qualifying
W. Chamari M. Warnakulasuriya	1990	SRI	54.60	70	90	160	9/12/2021	2021 Commonwealth Championships
Sky Norris	1999	JAM	53.50	73	85	158	29/01/2022	2022 European Qualifying
Myonly Stephen	2006	NRU	54.80	70	87	157	27/02/2022	2022 Online Qualifier
Sandra Mensimah Owusu	2002	GHA	54.30	66	77	143	9/12/2021	2021 Commonwealth Championships
Srity Akther	1994	BAN	53.60	65	78	143	9/12/2021	2021 Commonwealth Championships
Jiin Linn Chua	1998	SGP	54.70	60	80	140	25/02/2022	2022 Asian Qualifying
Caroline Wairimu	1990	KEN	54.70	50	65	115	9/12/2021	2021 Commonwealth Championships
Liyana Safiah Sidek	1995	BRU	54.50	52	63	115	25/02/2022	2022 Asian Qualifying
Doushka Gopaloodoo	2000	MRI	54.31	51	63	114	26/02/2022	2022 African Qualification
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Including CGF specified events from 01 January 2021 to 28 February 2022

NOTE: © = Winner of 2021 Commonwealth Championship

WOMEN: 59KG CATEGORY



	Year				Clean &		Date	
	Born	CGA	Bodyweight	Snatch	Jerk	Total	Achieved	Event
Rafiatu Folashade Lawal ©	1996	NGR	57.80	92	115	207	11/12/2021	2021 Commonwealth Championships
Zoe Smith	1994	ENG	58.80	89	111	200	5/04/2021	2021 European Senior Championships
Tali Darsigny	1998	CAN	59.00	90	109	199	27/07/2021	Tokyo Olympic Games
Brenna Kean	1995	AUS	58.35	82	108	190	25/02/2022	2022 Asian Qualifying
Popy Hazirika	1998	IND	58.70	84	105	189	11/12/2021	2021 Commonwealth Championships
Clementina Agricole	1988	SEY	58.22	77	100	177	27/02/2022	2022 African Qualifying
Hannah Crymle	1995	NIR	57.79	80	96	176	29/01/2022	2022 British Championships
Anneke Spies	1993	RSA	58.93	77	99	176	27/02/2022	2022 African Qualifying
Marcetta M. Marcus	1998	MAS	57.05	73	100	173	25/02/2022	2022 Asian Qualifying
Tenisha Thornton	2005	MLT	56.78	77	94	171	29/01/2022	2022 European Qualifying
Elizabeth Granger	1991	NZL	59.00	75	94	169	26/02/2022	2022 Oceania Qualifying
Jodey Hughes	1983	SCO	58.76	71	93	164	26/06/2021	2021 British Championships
Mudiyanselage N.S. Rajapaksa	1990	SRI	58.40	74	90	164	11/12/2021	2021 Commonwealth Championships
Sarah Su En Ang	2002	SGP	57.10	72	89	161	25/02/2022	2022 Asian Qualifying
Sian Peters	1988	WAL	58.34	67	93	160	29/01/2022	2022 British Championships
Winny Lagat	1988	KEN	58.80	67	87	154	11/12/2021	2021 Commonwealth Championships
Mary Kini Lifu	1994	SOL	57.28	65	80	145	24/09/2021	2021 Oceania Championships
Magdeline Moyengwa	2001	BOT	57.00	65	75	140	25/05/2021	2021 IWF Junior World Championships
Sulakhsna Gunoo	1990	MRI	58.78	60	77	137	27/02/2022	2022 African Qualifying
Gini Rany	2003	BAN	57.05	56	70	126	25/05/2021	2021 IWF Junior World Championships

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NOTE: Listing herein of athlete(s) in multiple weight categories removed as instructed by CGF.

Including CGF specified events from 01 January 2021 to 28 February 2022



NOTE: © = Winner of 2021 Commonwealth Championship WOMEN: 64KG CATEGORY

	Year Born	CGA	Bodyweight	Snatch	Clean & Jerk	Total	Date Achieved	Event
Maude Charron	1993	CAN	63.30	105	131	236		Tokyo Olympic Games
Sarah Davies	1992	ENG	63.70	101	129	230	6/04/2021	2021 European Senior Championships
Sarah Cochrane ©	1989	AUS	63.66	100	120	220	24/09/2021	2021 Oceania Championships
Islamiyat Adebukdu Yusuf	2003	NGR	62.74	93	118	211	27/02/2022	2022 African Qualifying
Emma McIntyre	1991	NZL	63.60	87	104	191	26/02/2022	2022 Oceania Qualifying
Yasmin Zammit-Stevens	1993	MLT	63.70	84	105	189	27/07/2021	Tokyo Olympic Games
Christie-Marie Williams	1992	WAL	63.91	83	101	184	29/01/2022	2022 British Championships
Caroline Doyle	1992	NIR	62.96	80	98	178	29/01/2022	2022 British Championships
Mabia Akter	1999	BAN	64.00	72	98	170	27/02/2022	2022 Online Qualifier
Lesley Brown	1991	SCO	63.68	75	90	165	26/06/2021	2021 British Championships
Nicole Heng	1995	SGP	63.50	70	91	161	26/02/2022	2022 Asian Qualifying
Arshika Vijaybaskar	2001	SRI	63.60	70	90	160	12/12/2021	2021 Commonwealth Championships
Bernice Detudamo	2004	NRU	59.30	63	75	138	24/09/2021	2021 Oceania Championships
Rachael Achieng	2004	KEN	62.85	60	70	130	28/05/2021	2021 African Championships

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Including CGF specified events from 01 January 2021 to 28 February 2022



NOTE: © = Winner of 2021 Commonwealth Championship WOMEN: 71KG CATEGORY

	Year				Clean &		Date
	Born	CGA	Bodyweight	Snatch	Jerk	Total	Achieved Event
Sarah Davies	1992	ENG	70.50	102	132	234	13/12/2021 2021 IWF World Championships
Joy Ogbonne Eze ©	2004	NGR	69.40	100	130	230	13/12/2021 2021 Commonwealth Championships
Kiana Elliott	1997	AUS	68.60	100	120	220	26/02/2022 2022 Asian Qualifying
Alexis Ashworth	1999	CAN	70.50	98	122	220	27/02/2022 2022 Pan American Qualifying
Harjinder Kaur	1996	IND	69.20	90	121	211	13/12/2021 2021 Commonwealth Championships
Faye Pittman	1983	WAL	70.24	85	110	195	26/06/2021 2021 British Championships
Nancy Genzel Abouke	2003	NRU	69.80	87	105	192	27/02/2022 2022 Online Qualifier
Megan Signal	1990	NZL	70.90	83	108	191	26/02/2022 2022 Oceania Qualifying
Alice Aitchison	1999	SCO	67.84	83	105	188	26/06/2021 2021 British Championships
Roberta Tabone	1994	MLT	69.80	82	102	184	13/12/2021 2021 Commonwealth Championships
Ketty Lent	2001	MRI	67.29	78	98	176	27/02/2022 2022 African Qualification
Holly O'Shea	1996	GIB	68.75	75	95	170	30/01/2022 2022 British Championships
G.G.D.I. Gurugama	2003	SRI	69.00	74	94	168	13/12/2021 2021 Commonwealth Championships
Rebekah Thompson	1980	NIR	69.93	71	93	164	30/01/2022 2022 British Championships
Talemaisawa Sebuita	2004	FIJ	70.30	63	75	138	25/09/2021 2021 Oceania Championships

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Including CGF specified events from 01 January 2021 to 28 February 2022





	Year				Clean &		Date	
	Born	CGA	Bodyweight	Snatch	Jerk	Total	Achieved	Event
Maya Laylor ©	1995	CAN	75.60	99	130	229	14/12/2021	2021 Commonwealth Championships
Emily Muskett (Godley)	1989	ENG	71.85	98	124	222	1/08/2021	Tokyo Olympic Games
Punam Yadev	1995	IND	75.20	98	122	220	14/12/2021	2021 Commonwealth Championships
Jeanne Gaelle Eyenga Mbo'ossi	1999	CMR	74.35	96	117	213	29/05/2021	2021 African Championships
Taiwo Liadi	2002	NGR	74.80	95	115	210	14/12/2021	2021 Commonwealth Championships
Ebony Gorincu	1989	AUS	74.40	91	118	209	26/02/2022	2022 Asian Qualifying
Agata Herbert	1988	SCO	75.12	92	111	203	30/01/2022	2022 British Championships
Amy Salt	1993	WAL	74.73	88	113	201	30/01/2022	2022 British Championships
Renee Baarspul	1986	NZL	75.50	88	101	189	27/02/2022	2022 Oceania Qualifying
Maximina Uepa	2002	NRU	71.50	80	100	180	25/09/2021	2021 Oceania Championships
Chloe Whylie	1990	JAM	75.10	83	93	176	27/02/2022	2022 Pan American Qualifying
Niamh Menary	1992	NIR	72.06	73	93	166	30/01/2022	2022 British Championships
Monira Kazi	1995	BAN	71.80	70	90	160	27/02/2022	2022 Online Qualifier
W.P.D.N. Sanjana	2004	SRI	75.20	73	85	158	14/12/2021	2021 Commonwealth Championships
Wilkister Nyiro	1992	KEN	73.95	70	84	154	29/05/2021	2021 African Championships
Avatu Opeloge	2004	SAM	73.60	64	83	147	25/09/2021	2021 Oceania Championships

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Including CGF specified events from 01 January 2021 to 28 February 2022



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Anti-Doping Result Management processes are concluded.

Including CGF specified events from 01 January 2021 to 28 February 2022

NOTE: © = Winner of 2021 Commonwealth Championship

WOMEN: >87KG CATEGORY



WOMEN, FORMUCAT	LUONI					FEDERATION		
	Year				Clean &		Date	
	Born	CGA	Bodyweight	Snatch	Jerk	Total	Achieved	Event
Emily Campbell	1994	ENG	124.80	122	161	283	2/08/2021	Tokyo Olympic Games
Feagaiga Stowers	2000	SAM	124.65	114	144	258	26/09/2021	2021 Oceania Championships
Charisma Amoe-Tarrant	1999	AUS	154.05	105	138	243	2/08/2021	Tokyo Olympic Games
Purnima Pandey ©	1997	IND	99.40	102	127	229	16/12/2021	2021 Commonwealth Championships
Kuinini Manumua	2000	TGA	108.50	103	125	228	2/08/2021	Tokyo Olympic Games
Emma Friesen	2002	CAN	114.50	103	125	228	27/02/2022	2022 Pan American Qualifying
Manine Lynch	1999	COK	119.90	86	110	196	27/02/2022	2022 Oceania Qualifying
Miniah Summerell	2003	NZL	111.30	83	109	192	27/02/2022	2022 Oceania Qualifying
W.T.N.J.B. Haputhanna	1999	SRI	114.50	81	106	187	16/12/2021	2021 Commonwealth Championships
Helen Seipua	2002	FIJ	111.85	80	95	175	26/09/2021	2021 Oceania Championships
Elisia Scicluna	1992	MLT	91.88	75	98	173	30/01/2022	2022 European Qualifying
Rebecca Gilbert	2000	NIR	92.42	76	96	172	26/06/2021	2021 British Championships
Alison Sunee	1999	MRI	88.94	73	95	168	27/02/2022	2022 African Qualifying
Prossy Irene Nyanga	1989	UGA	100.49	62	81	143	27/02/2022	2022 African Qualifying
Ramsi Edwards	2006	NIU	105.90	62	75	137	27/02/2022	2022 Oceania Qualifying

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Including CGF specified events from 01 January 2021 to 28 February 2022



NOTE: © = Winner of 2021 Commonwealth Championship MEN: 55KG CATEGORY

MEN. JJKU CATEUOKI						FEDERATION		
	Year				Clean &		Date	
	Born	CGA	Bodyweight	Snatch	Jerk	Total	Achieved	Event
Sargar Sanket Mahadev	2000	IND	54.65	113	143	256	25/02/2022	2022 Asian Qualifying
Muhammad Sharjeel Butt	2000	PAK	55.00	110	140	250	27/02/2022	2022 Online Qualifier
Mohamad Aniq Kasdan ©	2002	MAS	54.70	107	142	249	7/12/2021	2021 Commonwealth Championships
Y. D. Isuru Kumara	1996	SRI	54.70	106	132	238	25/02/2022	2022 Asian Qualifying
Davis Niyoyita	2004	UGA	54.60	95	125	220	7/12/2021	2021 Commonwealth Championships
Md Ashikur Rahman Taj	2001	BAN	54.25	92	108	200	23/04/2021	2021 IWF Junior World Championships
Benjamin Hickling	2002	ENG	54.59	82	107	189	26/06/2021	2021 British Championships
Pingwei David Mok	2002	SGP	54.75	80	90	170	25/02/2022	2022 Asian Qualifying
Kgotla Kgaswane	2000	BOT	54.25	71	95	166	26/02/2022	2022 African Qualifying
Benjamin Osiemo Ochoma	1999	KEN	54.10	55	80	135	7/12/2021	2021 Commonwealth Championships

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Including CGF specified events from 01 January 2021 to 28 February 2022

NOTE: © = Winner of 2021 Commonwealth Championship

MEN: 61KG CATEGORY



	Year				Clean &		Date	
	Born	CGA	Bodyweight	Snatch	Jerk	Total	Achieved	Event
Muhamad Aznil Bidin ©	1994	MAS	61.00	120	153	273	9/12/2021	2021 Commonwealth Championships
Morea Baru	1990	PNG	61.00	118	147	265	25/07/2021	Tokyo Olympic Games
<mark>Gururaja anti anti anti anti anti anti anti ant</mark>	1992	IND	60.90	117	148	265	9/12/2021	2021 Commonwealth Championships
D.K. Thilanka W.K. Palagasinghe	1993	SRI	60.80	116	145	261	9/12/2021	2021 Commonwealth Championships
Emmanuel Appah	1999	NGR	55.45	115	140	255	27/05/2021	2021 African Championships
Youri Simard	2001	CAN	60.80	113	141	254	20/10/2021	2021 Pan American Junior Championships
Abubakar Ghani	2004	PAK	60.80	116	138	254	9/12/2021	2021 Commonwealth Championships
Benjamin Hickling	2002	ENG	58.43	98	120	218	29/01/2022	2022 British Championships
Mohammad N. Abu Bakar	1995	BRU	60.30	96	116	212	25/02/2022	2022 Asian Qualifying
Ben Foggo	2002	WAL	59.32	90	110	200	29/01/2022	2022 British Championships
Shadrack Cain	1999	NRU	59.30	85	110	195	24/09/2021	2021 Oceania Championships
Thapelo Nkhahle Sebota	1997	LES	60.75	81	105	186	27/05/2021	2021 African Championships
Stuart Shilliday	2001	NIR	59.22	81	100	181	29/01/2022	2022 British Championships
Mubarak Musoke Kivumbi	1989	UGA	60.90	80	100	180	27/05/2021	2021 African Championships

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NOTE: Listing herein of athlete(s) in multiple weight categories removed as instructed by CGF.

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Including CGF specified events from 01 January 2021 to 28 February 2022

NOTE: © = Winner of 2021 Commonwealth Championship

MEN: 67KG CATEGORY



	Year				Clean &		Date	
	Born	CGA	Bodyweight	Snatch	Jerk	Total	Achieved	Event
Talha Talib	1999	PAK	66.95	150	170	320	25/07/2021	Tokyo Olympic Games
Jeremy Lalrinnunga ©	2002	IND	66.80	141	164	305	10/12/2021	2021 Commonwealth Championships
Joseph Umofia Edidiong	2002	NGR	66.80	135	160	295	9/12/2021	2021 Commonwealth Championships
Vaipava Nevo Ioane	1988	SAM	66.75	124	165	289	24/09/2021	2021 Oceania Championships
Chathuranga Jayasooriya	1988	SRI	63.85	118	150	268	26/02/2022	2022 Asian Qualifying
Haroon Siraj	1994	ENG	66.34	115	142	257	29/01/2022	2022 British Championships
Craig Carfray	1992	SCO	65.93	112	139	251	29/01/2022	2022 British Championships
Reuben Katoatau	1997	KIR	67.00	105	140	245	25/07/2021	Tokyo Olympic Games
Kester Loy	1998	SGP	66.53	107	131	238	26/02/2022	2022 Asian Qualifying
Ditto Ika	2006	NRU	66.00	96	135	231	24/09/2021	2021 Oceania Championships
Julius Ssekitoleko	2000	UGA	63.70	100	130	230	28/05/2021	2021 African Championships
Marc Jonathan Coret	1989	MRI	66.73	100	130	230	26/02/2022	2022 African Qualifying
Jet Cruz	1994	CAN	66.20	105	125	230	26/02/2022	2022 Pan American Qualifying
Rylee Borg	2006	MLT	66.23	91	111	202	29/01/2022	2022 European Qualifying
Simon Dago	2000	PNG	62.30	80	105	185	24/09/2021	2021 Oceania Championships

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Including CGF specified events from 01 January 2021 to 28 February 2022

NOTE: © = Winner of 2021 Commonwealth Championship MEN: 73KG CATEGORY



	Year				Clean &		Date	
	Born	CGA	Bodyweight	Snatch	Jerk	Total	Achieved	Event
Achinta Sheuli ©	2001	IND	72.80	143	173	316	10/12/2021	2021 Commonwealth Championships
Muhammad Erry Hidayat	1999	MAS	72.80	136	165	301	10/12/2021	2021 Commonwealth Championships
Jack Oliver	1991	ENG	71.92	136	159	295	29/01/2022	2022 British Championships
John Tafi	2002	SAM	72.70	135	160	295	27/02/2022	2022 Online Qualifier
Shad Darsigny	2003	CAN	72.70	131	160	291	26/05/2021	2021 IWF Junior World Championships
Brandon Wakeling	1994	AUS	72.40	125	166	291	28/07/2021	Tokyo Olympic Games
Vester Villalon	1991	NZL	72.90	128	159	287	26/02/2022	2022 Oceania Qualifying
Ezekiel Moses	2001	NRU	73.00	127	160	287	27/02/2022	2022 Online Qualifier
D.M. Indika C. Dissanayake	1989	SRI	72.70	130	156	286	10/12/2021	2021 Commonwealth Championships
Michael Farmer	1999	WAL	69.25	127	154	281	26/06/2021	2021 British Championships
Jon-antohein Phillips	2000	RSA	72.08	120	155	275	26/02/2022	2022 African Qualifying
Anthony Libasia Masinde	1989	KEN	72.40	121	140	261	10/12/2021	2021 Commonwealth Championships
Hakim Musoke Ssempereza	1995	UGA	72.47	110	141	251	26/02/2022	2022 African Qualifying
Shimul Kanti Shingha	1986	BAN	72.94	110	140	250	27/02/2022	2022 Online Qualifier
Lucas Clarke	1993	SCO	72.62	106	131	237	29/01/2022	2022 British Championships
Machachamise Ernest Nt'Sinyi	1998	LES	73.00	100	130	230	28/05/2021	2021 African Championships
Solomoni Lili Vira	2004	FIJ	72.80	105	115	220	25/09/2021	2021 Oceania Championships

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Including CGF specified events from 01 January 2021 to 28 February 2022

NOTE: © = Winner of 2021 Commonwealth Championship

MEN: 81KG CATEGORY



	Year				Clean &		Date	
	Born	CGA	Bodyweight	Snatch	Jerk	Total	Achieved	Event
Nicolas Vachon	1996	CAN	80.75	145	180	325	5/11/2021	2021 Pan American Championships
Ajay Singh ©	1997	IND	80.90	147	175	322	11/12/2021	2021 Commonwealth Championships
Kyle Bruce	1999	AUS	80.80	140	176	316	12/12/2021	2021 Commonwealth Championships
Cameron McTaggart	1997	NZL	80.80	140	175	315	31/07/2021	Tokyo Olympic Games
Chris Murray	1999	ENG	80.46	143	170	313	26/06/2021	2021 British Championships
Haider Ali	1995	PAK	79.56	138	170	308	27/02/2022	2022 Online Qualifier
Guy Michel Ngongang Tchuissi	1995	CMR	80.54	134	168	302	29/01/2022	2022 European Qualifying
Chinthana G. Vidanage	1981	SRI	80.70	134	166	300	11/12/2021	2021 Commonwealth Championships
Mohamad Nasir Roslan	1997	MAS	80.45	138	160	298	26/02/2022	2022 Asian Qualifying
Jason Epton	2000	SCO	80.85	125	160	285	29/01/2022	2022 British Championships
Kang Yin Lim	1996	SGP	80.45	120	156	276	26/02/2022	2022 Asian Qualifying
Larko Doguape	2000	NRU	77.20	120	155	275	25/09/2021	2021 Oceania Championships
Dinesh Pandoo	2001	MRI	76.36	121	154	275	26/02/2022	2022 African Qualifying
Omarie A. Mears	1993	JAM	80.60	125	141	266	11/12/2021	2021 Commonwealth Championships
Tom Ingram	1998	WAL	79.97	120	145	265	26/06/2021	2021 British Championships
Igo Lohia	1999	PNG	80.00	110	150	260	25/09/2021	2021 Oceania Championships
Anton Micallef	1991	MLT	80.70	114	136	250	11/12/2021	2021 Commonwealth Championships
Jerome Tura	1991	COK	80.20	110	140	250	26/02/2022	2022 Oceania Qualifying
Maurice Aromo Oduor	1988	KEN	80.30	114	135	249	11/12/2021	2021 Commonwealth Championships
Ivan Masakwe	1990	UGA	79.65	105	140	245	26/02/2022	2022 African Qualifying

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Including CGF specified events from 01 January 2021 to 28 February 2022

NOTE: © = Winner of 2021 Commonwealth Championship

MEN: 96KG CATEGORY



	Year				Clean &		Date	
	Born	CGA	Bodyweight	Snatch	Jerk	Total	Achieved Event	
Boady Santavy ©	1997	CAN	95.40	178	208	386	31/07/2021 Tokyo Oly	mpic Games
Don Opeloge	1999	SAM	95.25	159	200	359	26/09/2021 2021 Ocea	ania Championships
Antonis Martasidis	1992	CYP	90.70	153	190	343	14/12/2021 2021 Com	monwealth Championships
Cyrille Tchatchet II *	1995	ENG	95.39	156	185	341	30/01/2022 2022 Britis	sh Championships
Vikas Thakur	1993	IND	96.00	150	189	339	14/12/2021 2021 Com	monwealth Championships
Ridge Barredo	1995	AUS	95.50	149	187	336	27/02/2022 2022 Asia	
Forrester Osei	1989	GHA	95.88	150	185	335	27/02/2022 2022 Afric	an Qualifying
Cedric Coret	1991	MRI	93.45	138	176	314	27/02/2022 2022 Afric	an Qualifying
Denis Essama Owona	1989	CMR	94.70	138	175	313	13/12/2021 2021 Com	monwealth Championships
Ruben Burger	1991	RSA	95.99	141	172	313	27/02/2022 2022 Afric	an Qualifying
Taniela Rainibugi	1998	FIJ	94.95	145	167	312	26/09/2021 2021 Ocea	ania Championships
Zubairi Kubo	1995	UGA	95.20	140	170	310	29/05/2021 2021 Afric	an Championships
Douglas Sekone-Fraser	1991	NZL	95.00	136	163	299	26/02/2022 2022 Ocea	ania Qualifying
David Steel	1986	SCO	94.75	130	165	295	26/06/2021 2021 Britis	sh Championships
Johnny Reaney	1994	NIR	91.96	133	150	283	26/06/2021 2021 Britis	sh Championships
Jiarul Islam	1995	BAN	95.50	123	153	276	13/12/2021 2021 Com	monwealth Championships
Daniel Griffith	1994	BAR	91.10	120	152	272	27/02/2022 2022 Pan	American Qualifying
Filip Taylor	1997	WAL	95.22	117	150	267	26/06/2021 2021 Britis	sh Championships
Sepa Simoi	2002	PNG	95.70	110	141	251	26/09/2021 2021 Ocea	ania Championships
Freedom Scotty	1997	NRU	95.70	110	140	250	26/09/2021 2021 Ocea	ania Championships
Dikabelo Solomon	1995	BOT	89.75	116	132	248	29/05/2021 2021 Afric	an Championships
James Daley	1988	JAM	94.70	110	135	245	27/02/2022 2022 Pan	American Qualifying
Thomas Wilbur	2000	VAN	95.35	105	125	230	27/02/2022 2022 Onlin	ne Qualifier

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NOTE: Listing herein of athlete(s) in multiple weight categories removed as instructed by CGF.

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Including CGF specified events from 01 January 2021 to 28 February 2022

NOTE: © = Winner of 2021 Commonwealth Championship MEN: 109KG CATEGORY						INTERNATIONAL WEIGHTLIFTING	
WIEN: 109KG CATEGOR	Year				Clean &	FEDERATION	Date
	Born	CGA	Bodyweight	Snatch	Jerk	Total	Achieved Event
Junior P. Ndadja Nyabeyeu ©	1993	CMR	105.90	160	200	360	16/12/2021 2021 Commonwealth Championships
Jack Opeloge	2000	SAM	103.90	160	200	360	27/02/2022 2022 Online Qualifier
Lovepreet Singh	1997	IND	108.90	161	187	348	16/12/2021 2021 Commonwealth Championships
Pierre-Alexandre Besette	1999	CAN	102.10	161	179	340	27/02/2022 2022 Pan American Qualifying
Jackson Roberts-Young	1996	AUS	108.75	145	194	339	27/02/2022 2022 Asian Qualifying
Muhammad Shamsuddin	1999	MAS	108.20	156	180	336	27/02/2022 2022 Asian Qualifying
Koale Junior Tasi Taala *	1995	NZL	109.00	143	192	335	27/02/2022 2022 Oceania Qualifying
Jordan Sakkas	1999	WAL	108.72	145	189	334	30/01/2022 2022 British Championships
Owen Boxall	1990	ENG	108.86	145	188	333	30/01/2022 2022 British Championships
Hanzala Dastigir Butt	2002	PAK	108.70	145	182	327	16/12/2021 2021 Commonwealth Championships
Sio (Joe) Pomelile	1993	TGA	108.90	140	174	314	27/02/2022 2022 Oceania Qualifying
Daniel O'Hare	1998	NIR	108.80	142	170	312	30/01/2022 2022 British Championships
Zachary Courtney	1994	SCO	107.65	143	160	303	27/02/2022 2022 Asian Qualifying
Shanaka M. Peters	1991	SRI	103.20	134	168	302	27/02/2022 2022 Asian Qualifying
Christoffel Reeders	1990	RSA	102.01	135	162	297	27/02/2022 2022 African Qualifying
Khelwin Juboo	2002	MRI	105.72	135	160	295	27/02/2022 2022 African Qualifying
Jiarul Islam	1995	BAN	102.58	125	156	281	27/02/2022 2022 Online Qualifier
Solomon Ocquaye	1993	GHA	105.87	130	147	277	30/01/2022 2022 European Qualifying
Alphius Bokang	1997	BOT	105.97	110	145	255	27/02/2022 2022 African Qualifying
Timothy Vakuruivalu	1999	FIJ	102.60	115	135	250	27/02/2022 2022 Oceania Qualifying

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Including CGF specified events from 01 January 2021 to 28 February 2022





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	Year				Clean &		Date
	Born	CGA	Bodyweight	Snatch	Jerk	Total	Achieved Event
David Liti ©	1996	NZL	176.55	178	236	414	4/08/2021 Tokyo Olympic Games
Muhammad Nooh Dastigir Butt	1998	PAK	165.20	165	225	390	17/12/2021 2021 Commonwealth Championships
Gurdeep Singh	1995	IND	159.10	172	217	389	17/12/2021 2021 Commonwealth Championships
Quinn Everett	1992	CAN	142.90	158	203	361	22/02/2022 2022 Pan American Qualifying
Suamili Nanai	1995	AUS	129.65	153	200	353	26/09/2021 2021 Oceania Championships
Gordon Shaw *	1994	ENG	140.88	162	189	351	30/01/2022 2022 British Championships
Petelo Lautusi	1996	SAM	126.55	152	195	347	27/02/2022 2022 Online Qualifier
Ushan Charuka W. Pathirana	1993	SRI	146.50	150	180	330	27/02/2022 2022 Asian Qualifying
Joseph Walton	1991	WAL	128.06	140	175	315	30/01/2022 2022 British Championships
Nathan Morris	1996	RSA	120.10	134	166	300	27/02/2022 2022 African Qualifying
Gio Toimata	1992	NIU	112.90	110	146	256	27/02/2022 2022 Oceania Qualifying
Godfrey Baligeya	1987	UGA	115.00	110	145	255	17/12/2021 2021 Commonwealth Championships

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