



SENIOR PANAMERICAN CHAMPIONSHIP

BARILOCHE - ARGENTINA

C A M P E O N A T O P A N A M E R I C A N O



Olympic Qualification Event for Paris 2024

March 25th to April 2nd, 2023. Bariloche, ARG

OFFICIAL INVITATION

To the President/General Secretary of IWF Affiliated National Weightlifting Federation/Association

Dear Friends,

The Argentine Weightlifting Federation, with the endorsement of the International Weightlifting Federation and the Pan-American Weightlifting Federation, hereby invite all National Federations to participate in the **Senior Pan-American Championship**, Olympic Qualification Event, to be held in San Carlos de Bariloche, Rio Negro, from March 25th to April 2nd, 2023.

We are honored to host these important events within the framework of the celebration of the centennial of our Federation. In such an historical frame we hope to count on your valuable participation and wish to welcome you with open arms to celebrate our first hundred years promoting our beloved sport in Argentina.

Likewise, we hope that your stay, in one of the most beautiful landscapes of Argentine Patagonia, will be pleasant and unforgettable.

Sincerely,


GUSTAVO MAJASKAS
Secretario


GUSTAVO MALGOR
Presidente



FEDERACION ARGENTINA DE PESAS – AFILIATED TO:

CONFEDERACION ARGENTINA DE DEPORTES - COMITE OLIMPICO ARGENTINO - CONFEDERACION SUDAMERICANA DE LEVANTAMIENTO DE PESAS - CONFEDERACION PANAMERICANA DE LEVANTAMIENTO DE PESAS –

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COMPETITION RULES

1. General Conditions

The competitions will be carried out in accordance with the Technical and Competition Rules & Regulations (TCRR) of the International Weightlifting Federation (IWF), under the supervision of the Pan American Federation.

2. Competition venue and dates

Competition and training sessions will take place at the "**Pedro Estremador Gymnasium**" of the Volunteer Firefighters of Bariloche, located at Beschtadt 279, San Carlos de Bariloche, Río Negro - Argentina.

Arrival of delegations: March 25th, 2023. Departure of delegations: April 2nd, 2023.

3. Eligibility

Participating athletes must be 15 years of age and over (year of birth 2008 or earlier).

Only IWF Member Federations that have no arrears towards the IWF & PAWF are eligible to participate.

In accordance with article 5.5.16 of the IWF Anti-Doping Rules & the Olympic Qualification System whereabouts information of the athletes shall be submitted at minimum three (3) months prior to the event (**by 27 December 2022**).

4. Events Categories

The bodyweight classes are the official ones of the IWF Technical and Competition Rules & Regulations (TCRR)

Women: 45kg, 49kg, 55kg, 59kg, 64kg, 71kg, 76kg, 81kg, 87kg, +87kg

Men: 55kg, 61kg, 67kg, 73kg, 81kg, 89kg, 96kg, 102kg, 109kg, +109kg

5. Registration

Preliminary Registrations will be received until January 25, 2023. Up to 20 (twenty) athletes per gender can be submitted. After this date, athletes cannot be added/changed. At the same time, for administrative issues, National Federations must declare the number of Officials that will participate.

Final Registrations will be received until February 25, 2023. Only those athletes and officials who had been preliminarily registered can be confirmed. The Final List must include up to 12 (twelve) athletes of each gender (10 + 2 reserve)

Registrations must be sent to the following email address: info@fap.org.ar

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6. Financial Conditions

The accommodation of participants will be at:

Hotel Monte Claro: Francisco Pascasio Moreno 365. www.monteclarohotel.com.ar

Hotel Aguas del Sur: Francisco Pascasio Moreno 363. www.aguasdelsurhotel.com.ar

Accommodation includes breakfast, lunch and dinner.

The cost is **U\$S 90-** (American dollars ninety) per day and per person, in double or triple rooms, depending on each group and the availability of the Hotel.

The individual rooms have a cost of **U\$S 140-** (American dollars one hundred forty) per day and per person.

Payment will be only in cash in U\$S American Dollars, at the moment of accreditation.

Minimum stay for delegations is 4 (four) nights. Check-in is at 3:00PM and Check-out is at 11:00AM. The Organizing Committee is NOT responsible for extra charges that may apply for occupation of the rooms before or after check-in/check-out time.

7. Entry Fee

Athletes: **U\$S 255-** (includes U\$S 50 IWF Special Anti-Doping fee & U\$S 50 PanAm Anti-Doping fee)

Officials: **U\$S 125-**

8. Accreditations

Accreditations will be received via email to info@fap.org.ar

It is requested to send, attached with the registrations, a digital photo and a copy of the passport of every member of your delegation in order to prepare the accreditations before arrival.

The credentials will be issued at the **Hotel Monte Claro**, prior to registration, and the passports of each member of the delegation must be presented at the time of accreditation.

All delegations must have travel full medical insurance including COVID.

9. Competition Equipment

The competition, warm-up and training equipment for the event will be **IWF** homologated brand.

10. Final Verification

It will be held on March 26th at **Hotel Monte Claro** at 8:00AM

11. Technical Officials meeting

It will be held on March 26th at **Hotel Monte Claro** at 9:30AM

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12. Doping Control

Doping Control will be carried out by the Sample Collection Authority appointed by ITA on behalf of IWF in accordance with the IWF Anti-Doping Rules.

13. Awards

Gold, silver, and bronze medals will be awarded in the Snatch, the Clean & Jerk and the Total in each bodyweight category in both genders.

14. Technical Officials

Referees will be nominated by the Pan American Weightlifting Federation, and according to current regulations, all participating countries with full team may accredit up to 2 (two) Referees with a valid international card; and the participating countries with non-full teams may accredit up to 1 (one) Referee with a valid international card. To all of them, the Organizing Committee offers full accommodation, at no cost from, March 24 to April 02.

15. Internal Transportation

The Organizing Committee will provide internal transportation from Bariloche International Airport "Teniente Luis Candelaria" to **Hotel Monte Claro** during the event, from arrival to departure of the participating delegations. The distance between Hotels and Venue is less than 200m, so no transportation will be needed.

16. Important information

The average weather conditions in the city of San Carlos de Bariloche, for the dates of the event, are: Average temperature 10°C, maximum 22°C and minimum 2°C.

The electric power service is 220VAC. The legal currency is Argentinian PESO (\$).

17. Contact Information

Federación Argentina de Pesas: info@fap.org.ar

Presidente Federación Panamericana: José Quiñones González: +51 99 451-6230

Presidente Federación Argentina de Pesas: Gustavo Malgor: +54 911 5416-1005

Director de Competencia: Marcelo Melnick: +54 911 4078-3111

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18. Preliminary Program

Date	Activity	Weigh-in	Competition	Place
25-mar	Arrival of Delegations			
	FPLP Congress	17:00		Hotel Monte Claro
26-mar	Final Verification	08:00		
	TO Meeting	09:30		
27-mar	F45 A	07:00	09:00	Estadio Bomberos
	M55 B	09:30	11:30	
	F49 A	11:30	13:30	
	Opening Ceremony	16:00	Estadio Bomberos	
	F55 B	15:00	17:00	Estadio Bomberos
	M55 A	17:00	19:00	
28-mar	F55 A	07:00	09:00	Estadio Bomberos
	M61 B	09:30	11:30	
	F59 B	11:30	13:30	
	M61 A	13:30	15:30	
	F59 A	16:00	18:00	
29-mar	M67 B	07:00	09:00	Estadio Bomberos
	F64 B	09:00	11:00	
	M73 B	11:00	13:00	
	F64 A	13:00	15:00	
	M67 A	15:30	17:30	
30-mar	F71 B	07:00	09:00	Estadio Bomberos
	M73 A	09:00	11:00	
	F71 A	11:30	13:30	
	F76 A	14:00	16:00	
	M81 A	16:30	18:30	
31-mar	M89 B	07:00	09:00	Estadio Bomberos
	F81 B	09:00	11:00	
	M89 A	11:00	13:00	
	M96 A	13:30	15:30	
	F81 A	16:00	18:00	
1-apr	M102 A	07:00	09:00	Estadio Bomberos
	F87 A	09:30	11:30	
	M109 A	12:00	14:00	
	F+87 A	14:30	16:30	
	M+109 A	17:00	19:00	
	Closing Ceremony	20:00	Estadio Bomberos	
2-apr	Departure of Delegations			

The competition schedule is subject to change after the verification of final entries.

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