

Weightlifting “Competition Introduction” Certification Pathway

COACH TRAINING

- Weightlifting “Competition Introduction” Workshop
- Multi-Sport Modules
 - Making Ethical Decisions
 - Planning a Practice
 - Nutrition



Coach receives: NCCP ‘TRAINED’ STATUS

COACH EVALUATION

- Make Ethical Decisions Evaluation Successfully Completed
- Active coaching 4-8 months, including a competition
- Develop portfolio
- Observations & Debrief



Coach becomes: NCCP ‘CERTIFIED’



Professional development activities towards the maintenance of certification and life-long learning; coach developer training and development activities; and mentorship of others in the weightlifting coaching community.