

Weightlifting “Competition Development” Certification Pathway

COACH TRAINING

☐ **Weightlifting “Analyze Technical and Tactical Performance Workshop**

☐ **Multi-Sport Modules**

- Advanced Practice Planning
- Coaching and Leading Effectively
- Developing Athletic Abilities
- Manage a Sport Program
- Leading Drug-free Sport
- Performance Planning (recommended to be done before Advanced Practice Planning)
- Managing Conflict
- Psychology of Performance
- Prevention and Recovery



Coach receives: NCCP “TRAINED” STATUS

COACH EVALUATION

- ☐ Make Ethical Decisions Competition Development Online Evaluation Successfully Completed
- ☐ Managing Conflict on-line evaluation Successfully Completed
- ☐ Leading Drug-free Sport on-line evaluation Successfully Completed
- ☐ Develop portfolio
- ☐ Observation In Training & Debrief
- ☐ Observation In Competition & Debrief



Coach becomes: NCCP “CERTIFIED”

Maintenance of Certification Requirements – 5 years obtaining 30 points