



Name : **2023 Canadian Senior Weightlifting Championships**

Site : 3701 Danforth Ave, Scarborough

Date : 2023-05-19

City : Toronto

Organizer : OWA, Variety Village Weightlifting Club

**Technical Meeting: 5/18/23 7:00 PM**  
**Variety Village**

**Opening Ceremonies 5/19/23 12:00 PM**  
**Variety Village**

## Start List

Lot	Last Name	First Name	Team	Born	Cat.	Entry Total
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<b>Group M1</b>			Weigh-in Time: 2023-05-19 11:00		Start Time: 2023-05-19 13:00	
1	11	LANOUE	Antonin	Québec	2005	M 55 205
2	30	SIMARD	Youri	Québec	2001	M 61 260
3	12	CRUZ	Jet	Ontario	1994	M 67 234
4	38	SHARAF ELDIN	Feras	Ontario	2003	M 67 257
5	61	ROSE	Jean-Frédéric	Québec	1999	M 67 236
6	98	XU	Cheng	Ontario	1990	M 67 228
7	109	COUTURE	Benjamin	Québec	2004	M 67 227
8	108	TAYLOR	Kody	Ontario	1991	M 73 242
9	117	HOOPER	Nicholas	British Columbia	2002	M 73 239
10	147	CACHIA	Damien	Alberta	1994	M 73 242

<b>Group F1</b>			Weigh-in Time: 2023-05-19 13:00		Start Time: 2023-05-19 15:00	
1	2	LACROIX	Geneviève	Québec	1995	W 49 138
2	18	ISMAGUILOVA	Alina	British Columbia	1994	W 49 152
3	103	BRADDOCK	Amanda	Ontario	1989	W 49 172
4	104	KAMINSKI	Hannah	Québec	1994	W 49 162
5	145	YOUNG	Anne-Marie	Saskatchewan	1986	W 49 142
6	6	MOLNAR	Leila	Québec	1992	W 55 162
7	20	JOHNSON	Haylee	Alberta	1998	W 55 183
8	23	ANDRAS	Maria-Elena	Québec	2006	W 55 162
9	116	SERGENESE	Abigail	Ontario	1994	W 55 150
10	126	GALLANT	Josée	Nova Scotia	1992	W 55 190
11	154	HARVEY	Rose	Québec	1995	W 55 185
12	155	GENDRON	Marie-Pier	Québec	2000	W 55 168

<b>Group M2</b>				Weigh-in Time: 2023-05-19 15:15		Start Time: 2023-05-19 17:15	
1	9	DARSIGNY	Matt	Québec	2001	M 73	290
2	27	DUROCHER	Louis	Québec	2004	M 73	272
3	39	RACHIDI	Ismail	Québec	1998	M 73	250
4	46	CHUI	Jonathan	Alberta	1998	M 73	261
5	59	NARDI	John	Ontario	2000	M 73	244
6	65	JOLICOEUR	Étienne	Québec	2006	M 73	248
7	94	VACHON	Nicolas	Québec	1996	M 73	294
8	124	LEE	Jiwon	Ontario	1994	M 73	245
9	131	DARSIGNY	Shad	Québec	2003	M 73	303
10	140	LIAO	Yi-Hsuan Andy	British Columbia	1993	M 73	264
11	144	NAVARRO	Deion	Alberta	1993	M 73	256
12	156	WHITEMAN	James	Nova Scotia	1994	M 73	274

<b>Group F2</b>				Weigh-in Time: 2023-05-20 07:00		Start Time: 2023-05-20 09:00	
1	3	BESPALOVA	Polina	Alberta	2000	W 59	188
2	5	SHEPARD	Kayla	British Columbia	1998	W 59	189
3	7	GULA	Hannah	Ontario	1998	W 59	180
4	29	KAPSA	Valérie	Québec	2000	W 59	163
5	36	MCGREGOR	Taylor	New Brunswick	1994	W 59	162
6	51	ATHANS	Zoe	British Columbia	1994	W 59	176
7	73	LUER	Grace	Nova Scotia	2001	W 59	163
8	77	TASHEREAU	Ann-Sophie	Québec	2002	W 59	177
9	101	BARRETTE	Cynthia	Québec	1997	W 59	168
10	123	WRIGHT	Katrina	Ontario	1995	W 59	162
11	138	SIMONEAU	Charlotte	Québec	2005	W 59	190
12	148	CHARRON	Maude	Québec	1993	W 59	225
13	159	CAMERON	Georgia	British Columbia	2001	W 59	169

<b>Group M3</b>				Weigh-in Time: 2023-05-20 09:15		Start Time: 2023-05-20 11:15	
1	1	MELEMENIS	Chris	Alberta	1989	M 81	259
2	15	GUERTIN	Samuel	Québec	2000	M 81	319
3	47	ABIAN	Kristian	British Columbia	1994	M 81	263
4	82	SITU	Tony	British Columbia	1998	M 81	261
5	83	PATAULT	Quentin	Ontario	1992	M 81	285
6	87	GERCHIKOV	Maxim	Alberta	1988	M 81	255
7	88	MUNRO	Nicolas	Ontario	1998	M 81	280
8	89	LONGO	Frank	Ontario	1984	M 81	272
9	97	STEEVES	Cody	New Brunswick	1995	M 81	263
10	106	VOWLES	Devin	British Columbia	1998	M 81	257

11	113	HUOT	Maxime	Québec	1986	M 81	260
12	121	QUACH	Eric	Ontario	1993	M 81	270
13	133	BEAUMONT	Keenan	Ontario	1994	M 81	260

<b>Group F3</b>				Weigh-in Time: 2023-05-20 11:30		Start Time: 2023-05-20 13:30	
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1	8	SIEMENS	Rachel	British Columbia	1989	W 64	192
2	32	LIN	Melissa	British Columbia	2002	W 64	194
3	40	BILODEAU	Roxanne	Québec	2000	W 64	173
4	44	KNOWLTON	Monica	Ontario	1998	W 64	196
5	45	DARSIGNY	Tali	Québec	1998	W 64	191
6	68	BOURQUE	Ly-Anne	Québec	1997	W 64	182
7	114	YANGUI	Nadia	Alberta	1992	W 64	198
8	115	WEINKAUF	Chelsea	British Columbia	1995	W 64	168
9	153	YIP	Francise	Alberta	1994	W 64	182
10	78	KO	Sharon	British Columbia	1984	W 71	173
11	95	KOMPA	Hallie	British Columbia	2001	W 71	168

<b>Group M4</b>				Weigh-in Time: 2023-05-20 13:15		Start Time: 2023-05-20 15:15	
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1	19	MOSHER	Anthony	Nova Scotia	2000	M 89	259
2	25	WENTZELL	Jordan	Nova Scotia	1995	M 89	270
3	35	FERGUSON	Alexander	British Columbia	1991	M 89	270
4	48	TAM	Jordan	Ontario	1994	M 89	265
5	84	MEIER	Joel	British Columbia	1998	M 89	265
6	85	KWOK	Owen	British Columbia	2000	M 89	254
7	90	NASH	Jack	Saskatchewan	1998	M 89	264
8	100	SATHER	Brett	Saskatchewan	2000	M 89	262
9	149	MACKAY	Bryan	Nova Scotia	1988	M 89	259

<b>Group F4</b>				Weigh-in Time: 2023-05-20 15:00		Start Time: 2023-05-20 17:00	
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1	4	MCMONAGLE	Gina	Alberta	2000	W 71	190
2	14	HARDING	Kennedy	Ontario	1995	W 71	189
3	41	APOSTOLERIS	Megan	Nova Scotia	1981	W 71	180
4	74	BHABRA	Amreesa	British Columbia	2001	W 71	184
5	93	SANTAVY	Alana	Ontario	2003	W 71	189
6	96	ABUSOW	Danielle	Ontario	1994	W 71	176
7	111	SCOLLARD	Cailin	Alberta	1997	W 71	174
8	120	RICHARD	Mérodie	Québec	1993	W 71	178
9	135	MARASHI	Maryam	Ontario	1996	W 71	181
10	142	LAMARRE	Andreann	Québec	1996	W 71	192
11	151	GOH	Cassandra	British Columbia	1995	W 71	188

<b>Group M5</b>				Weigh-in Time: 2023-05-20 17:00		Start Time: 2023-05-20 19:00	
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1	10	DION	Lenny	Québec	1990	M 89	288
2	16	GRAVEL	Étienne	Québec	1999	M 89	293
3	24	JOHN HUNTER	Wyatt	British Columbia	1999	M 89	312
4	43	DAGENAIS	Gabriel	Québec	1997	M 89	328
5	56	URQUHART	Colin	Alberta	1994	M 89	276
6	64	BELLEMARRE	Alex	Québec	1998	M 89	358
7	119	BOISCLAIR	Jérôme	Québec	1991	M 89	270
8	129	GRAVEL	Charles	Québec	1999	M 89	273

<b>Group F5</b>	Weigh-in Time: 2023-05-21 07:00				Start Time: 2023-05-21 09:00		
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1	13	LUSIGNAN	Naomie	Ontario	2005	W 71	194
2	34	WALL	Thea	Nova Scotia	1995	W 71	192
3	62	TRUPP	Megan	Ontario	2000	W 71	216
4	63	FRANKLIN	Jessica	Ontario	1992	W 71	205
5	102	KOHLMAN	Shandler	Alberta	1995	W 71	196
6	42	PHAN	Sandy	British Columbia	1998	W 76	179
7	122	BILLEN	Jeenat	British Columbia	2001	W 76	178
8	127	STEVENS-PAQUETTE	Ambroise	Ontario	2004	W 76	174
9	128	BEAUDOIN	Rose	Québec	2006	W 76	177
10	130	THOMPSON	Amanda	Nova Scotia	1989	W 76	177

<b>Group M6</b>	Weigh-in Time: 2023-05-21 08:45				Start Time: 2023-05-21 10:45		
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1	31	SEVERO	Jaxon	Alberta	2005	M 96	292
2	37	LEBRUN	Maxime	Québec	1995	M 96	305
3	50	PRETTY	Andrew	Alberta	1992	M 96	315
4	52	CASA	Gilles	Québec	1997	M 96	276
5	110	SANTAVY	Boady	Ontario	1997	M 96	325
6	112	BARDIER	Maxime	Québec	1997	M 96	300
7	125	MELNYK	Kalin	Alberta	1905	M 96	290
8	134	LUCK	Mitchell	British Columbia	1996	M 96	276
9	139	DUBUC	Jocelyn	Québec	1996	M 96	292
10	146	LUSIGNAN	Xavier	Ontario	2003	M 96	336
11	21	BESSETTE	Pierre-Alexandre	Québec	1999	M 102	337
12	57	CATHCART-MCKINNON	Aaron	Alberta	1997	M 102	312
13	67	MOORMAN	Spencer	Ontario	1991	M 102	337
14	152	MACDONALD	Liam	Ontario	1996	M 102	278
15	158	SANTAVY	Noah	Ontario	1998	M 102	341

<b>Group F6</b>	Weigh-in Time: 2023-05-21 11:15				Start Time: 2023-05-21 13:15		
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1	17	CHUTE	Emily	Ontario	2000	W 76	186
2	22	GOUPIL	Catherine	Québec	2004	W 76	180

3	66	PAINCHAUD	Laura	Québec	1994	W 76	182
4	69	KUSCHMIERZ	Laura	Alberta	1992	W 76	182
5	70	CARRUTHERS	Laura	Saskatchewan	2000	W 76	182
6	136	BEDWARD	Shania	Ontario	1996	W 76	229
7	80	CERNA	Natalie	Ontario	2006	W 81	185
8	81	MILLS	katie	Ontario	2003	W 81	178
9	86	DUMAS	Rosalie	Québec	1992	W 81	235
10	105	SALVAIL	Fanny	Québec	1994	W 81	180
11	107	NGARLEM	Kristel	Québec	1995	W 81	231
12	150	FARRELL	Cara	British Columbia	1991	W 81	180

<b>Group F7</b>				Weigh-in Time: 2023-05-21 13:15		Start Time: 2023-05-21 15:15	
1	26	MCEWAN	Angela	Saskatchewan	1991	W 87	191
2	33	LAYLOR	Maya	Ontario	1995	W 87	238
3	71	WILLING	Tasha	British Columbia	1998	W 87	203
4	75	GRANT	Naza	Ontario	2006	W 87	180
5	91	DEMONT	Isobel	Nova Scotia	1995	W 87	179
6	92	DANIS	Skyller	Ontario	1997	W 87	181
7	132	RYAN	Julia	Ontario	1990	W 87	203
8	157	MESSIER	Andréanne	Québec	1999	W 87	222
9	28	FRIESEN	Emma	Québec	2002	W >87	245
10	54	MICHAUD	Anaïs	Québec	2001	W >87	198
11	99	BILLEN	Angel	British Columbia	2007	W >87	209

<b>Group M7</b>				Weigh-in Time: 2023-05-21 15:15		Start Time: 2023-05-21 17:15	
1	49	SARRAZIN	Jonathan	Québec	1995	M 109	330
2	55	WEN	Stephen	Ontario	1996	M 109	280
3	58	BOILEAU	Patrick	Ontario	1994	M 109	316
4	60	GRIEVE	Thomas	British Columbia	1995	M 109	290
5	72	MEIDL	Ryan	Alberta	1987	M 109	320
6	118	KOO	Nicholas	Ontario	1993	M 109	281
7	141	POSYLUZNY	Joshua	Alberta	1993	M 109	292
8	53	BARON-MORASSE	Robin	Québec	1996	M >109	310
9	79	VON MUEHLDOERFER	Max	Alberta	2003	M >109	328
10	137	EVERETT	Quinn	Nova Scotia	1992	M >109	356
11	143	MARTIN	Hugo	Québec	1998	M >109	327