



2022 National Championship Minimum Threshold of Performance (MTP)
 2022 Championnats Nationaux Seuil Minimal de Performance (SMP)

SENIOR (70% of Standard)

FEMALE/FEMMES		MALE/HOMMES	
Category	MTP/SMP	Category	MTP/SMP
45	117	55	186
49	138	61	210
55	150	67	227
59	161	73	242
64	168	81	255
71	173	89	259
76	177	96	276
81	178	102	278
87	179	109	280
87+	193	109+	298

JUNIOR (60% of Standard)

FEMALE/FEMMES		MALE/HOMMES	
Category	MTP/SMP	Category	MTP/SMP
45	96	55	141
49	106	61	161
55	119	67	182
59	120	73	192
64	128	81	206
71	130	89	208
76	131	96	211
81	132	102	212
87	135	109	216
87+	149	109+	233