



2022 National Championship Minimum Threshold of Performance (MTP)  
 2022 Championnats Nationaux Seuil Minimal de Performance (SMP)

**SENIOR (70% of Standard)**

FEMALE/FEMMES		MALE/HOMMES	
Category	MTP/SMP	Category	MTP/SMP
45	117	55	186
49	138	61	210
55	150	67	227
59	161	73	242
64	168	81	255
71	173	89	259
76	177	96	276
81	178	102	278
87	179	109	280
87+	193	109+	298

**JUNIOR (50% of Standard)**

FEMALE/FEMMES		MALE/HOMMES	
Category	MTP/SMP	Category	MTP/SMP
45	80	55	117
49	88	61	134
55	99	67	151
59	100	73	160
64	107	81	172
71	108	89	173
76	109	96	176
81	110	102	177
87	113	109	180
87+	124	109+	195