

# Canadian Weightlifting Records / Records canadiens d'haltérophilie

Updated January 2021

To be considered for a Canadian Weightlifting Record the following criteria must be met:

Pour être considéré pour un record canadien d'haltérophilie, les critères suivants doivent être remplis:

1. Affiliated athlete. / Athlète affilié.
2. Performance achieved at a provincial or higher level championship. / Réaliser la performance lors d'un championnat provincial ou de plus haut niveau.
3. Performance achieved at a competition subject to doping controls. / Réaliser sa performance lors d'une compétition sujette à des contrôles antidopage.
4. Adhere to the CWFHC's Records Policy. / Respecter la Politique des Records de la CWFHC.
5. Junior records will only count for athletes that meet the IWF age criteria/ Les records juniors ne compteront que pour les athlètes qui répondent aux critères d'âge de l'IWF

## Records Canadian Weightlifting/ Haltérophilie canadienne Senior Men / Hommes seniors

Weight Category		Name		Prov.	Date	Location
55 kg	SN	entry level	105			
	C & J	entry level	125			
	TOTAL	entry level	230			
61 kg	SN	entry level	117			
	C & J	entry level	152			
	TOTAL	entry level	265			
67 kg	SN	entry level	132			
	C & J	entry level	166			
	TOTAL	entry level	298			
73 kg	SN	entry level	142			
	C & J	Francis Luna-Grenier	171	QC	20.12.2014	
	TOTAL	Francis Luna-Grenier	307	QC	20.12.2014	
81 kg	SN	Alex Bellemarre	154	QC	25.4.2019	
	C & J	Alex Bellemarre	183	QC	25.4.2019	
	TOTAL	Alex Bellemarre	337	QC	25.4.2019	
89 kg	SN	entry level	160			
	C & J	Pascal Plamondon	190	QC	16.08.2016	
	TOTAL	entry level	350			
96 kg	SN	Boady Santavy	175	ON	7.11.2018	
	C & J	Boady Santavy	208	ON	7.11.2018	
	TOTAL	Boady Santavy	383	ON	7.11.2018	
102 kg	SN	entry level	170			
	C & J	entry level	201			
	TOTAL	entry level	370			
109 kg	SN	Akos Sandor	170	ON	16.04.2000	
	C & J	Akos Sandor	207	ON	16.04.2000	
	TOTAL	Akos Sandor	377	ON	16.04.2000	
+109 kg	SN	George Kobaladze	175	QC	18.05.2014	
	C & J	George Kobaladze	229	QC	03.08.2014	
	TOTAL	George Kobaladze	402	QC	18.05.2014	

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## Records Canadian Weightlifting/ Haltérophilie canadienne Senior Women / Femmes seniors

Weight Category		Name		Prov.	Date	Location
45	SN	entry level	75			
	C & J	entry level	94			
	TOTAL	entry level	166			
49	SN	entry level	81			
	C & J	entry level	106			
	TOTAL	entry level	182			
55	SN	Marilou Dozois-Prévost	88	QC	22.05.2011	
	C & J	Maryse Turcotte	115	QC	19.05.2001	
	TOTAL	entry level	199			
59	SN	entry level	99			
	C & J	entry level	125			
	TOTAL	entry level	222			
64	SN	Christine Girard	106	QC	20.08.2011	
	C & J	Christine Girard	134	BC	31.03.2012	
	TOTAL	Christine Girard	238	BC	27.10.2011	
71	SN	Marie-Ève Beauchemin-Nadeau	106	QC	31.03.2012	
	C & J	Marie-Ève Beauchemin-Nadeau	137	QC	02.04.2016	
	TOTAL	Marie-Ève Beauchemin-Nadeau	240	QC	31.03.2012	
76	SN	Jeane Lassen	110	QC	18.05.2008	
	C & J	Marie-Ève Beauchemin-Nadeau	141	QC	29.03.2014	
	TOTAL	Marie-Ève Beauchemin-Nadeau	251	QC	29.03.2014	
81	SN	entry level	111			
	C & J	entry level	142			
	TOTAL	entry level	252			
87	SN	entry level	111			
	C & J	entry level	142			
	TOTAL	entry level	253			
+87 kg	SN	Susanne Dandenault	105		18.12.2004	
	C & J	Susanne Dandenault	136		18.06.2004	
	TOTAL	Susanne Dandenault	237		13.06.2004	

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## Records Canadian Weightlifting/ Haltérophilie canadienne Junior Men / Hommes juniors

Weight Category		Name		Prov.	Date	Location
55 kg	SN	Youri Simard	97	QC		
56 kg	C & J	Youri Simard	123	QC		
57 kg	TOTAL	Youri Simard	220	QC		
61 kg	SN	entry level	109			
62 kg	C & J	entry level	137			
63 kg	TOTAL	entry level	246			
67 kg	SN	entry level	131			
68 kg	C & J	entry level	161			
69 kg	TOTAL	entry level	290			
73 kg	SN	entry level	142			
74 kg	C & J	Nikolay Varbanov	166	ON	22.01.2018	
75 kg	TOTAL	entry level	306			
81 kg	SN	Alex Bellemarre	150	QC	23.06.2017	
82 kg	C & J	entry level	174			
83 kg	TOTAL	Alex Bellemarre	323	QC	23.05.2017	
89 kg	SN	entry level	156			
90 kg	C & J	entry level	190			
91 kg	TOTAL	entry level	346			
96 kg	SN	Boady Santavy	165	ON	05.12.2017	
97 kg	C & J	Boady Santavy	201	ON	05.12.2017	
98 kg	TOTAL	Boady Santavy	366	ON	05.12.2017	
102 kg	SN	entry level	165			
103 kg	C & J	entry level	201			
104 kg	TOTAL	entry level	366			
109 kg	SN	Akos Sandor	162	ON	03.06.1997	
110 kg	C & J	Akos Sandor	195	ON	13.12.1997	
111 kg	TOTAL	Akos Sandor	355	ON	03.06.1997	
+109 kg	SN	Akos Sandor	160	ON	27.09.1997	
+109 kg	C & J	Alexandros Kouvakas	200	QC	31.10.2009	
+109 kg	TOTAL	Alexandros Kouvakas	355	QC	31.10.2009	

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Weight Category		Name		Prov.	Date	Location
45	SN	entry level	70			
	C & J	entry level	86			
	TOTAL	entry level	155			
49	SN	Jessica Ruel	75	QC	07.07.2011	
	C & J	Marilou Dozois-Prévost	92	QC	26.03.2006	
	TOTAL	Marilou Dozois-Prévost	165	QC	26.03.2006	
55	SN	entry level	85			
	C & J	entry level	106			
	TOTAL	entry level	190			
59	SN	Tali Darsigny	91	QC	4.11.2018	
	C & J	Tali Darsigny	112	QC	09.04.2018	
	TOTAL	Tali Darsigny	202	QC	4.11.2018	
64	SN	Christine Girard	90	QC	17.12.2005	
	C & J	Christine Girard	120	QC	17.12.2005	
	TOTAL	Christine Girard	210	QC	17.12.2005	
71	SN	Marie-Ève Beauchemin-Nadeau	97	ON	18.05.2018	
	C & J	Marie-Ève Beauchemin-Nadeau	121	QC	28.11.2008	
	TOTAL	Marie-Ève Beauchemin-Nadeau	214	QC	25.10.2008	
76	SN	Johanie Filiatreault	98	QC	19.01.2013	
	C & J	Johanie Filiatreault	128	QC	15.12.2012	
	TOTAL	Johanie Filiatreault	223	QC	19.01.2013	
81	SN	Johanie Filiatreault	102	QC	27.10.2012	
	C & J	Johanie Filiatreault	128	QC	27.10.2012	
	TOTAL	Johanie Filiatreault	230	QC	27.10.2012	
87	SN	entry level	102			
	C & J	entry level	128			
	TOTAL	entry level	230			
+87 kg	SN	entry level	103			
	C & J	entry level	129			
	TOTAL	entry level	231			

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